

# Southeast Florida Sediment Morphodynamics study (SEFMOD)

A 'System-understanding' Approach to manage navigation & coastal storm risk critical missions.

## Lake Worth Inlet Metocean and Sand Tracer Study, Lake Worth, FL.

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US Army Corps  
of Engineers®



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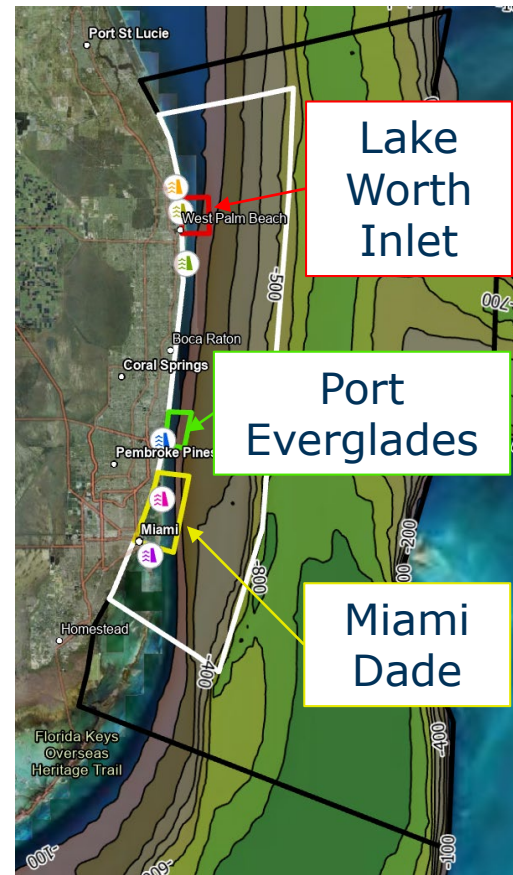
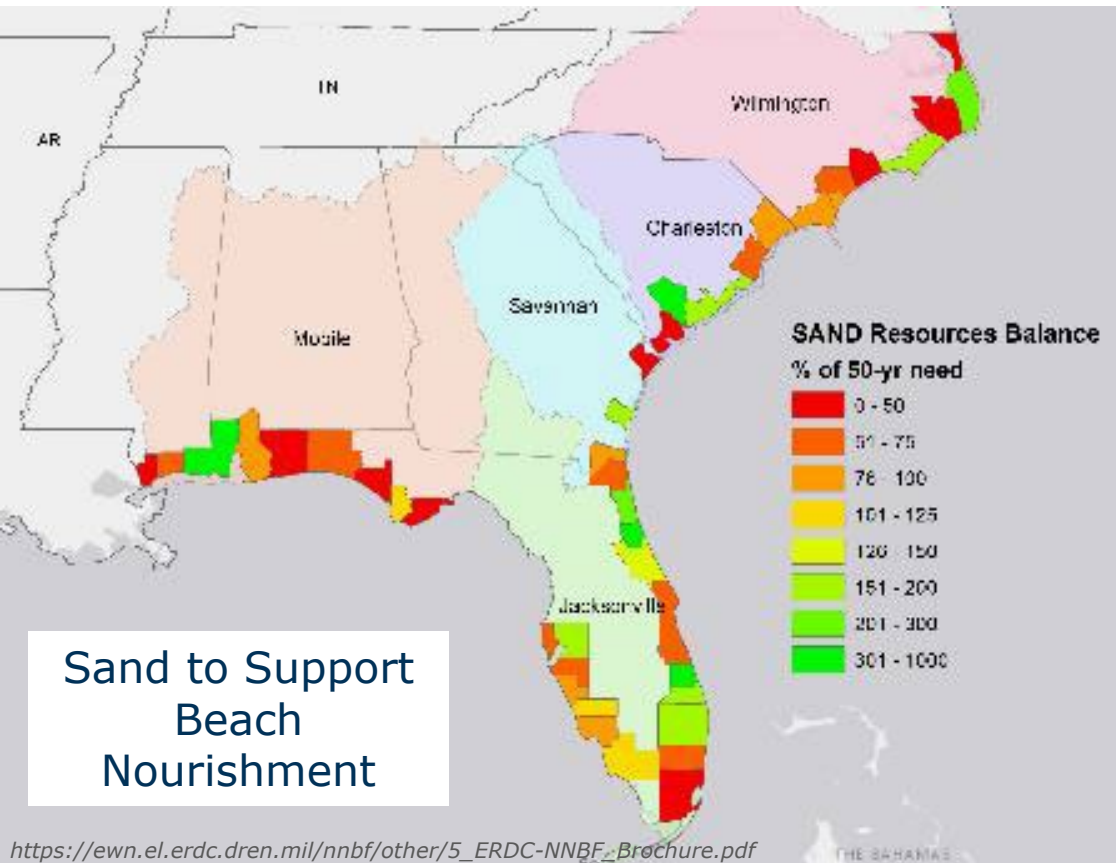
ENVIRONMENTAL  
TRACING





# Southeast Florida Sediment Morphodynamics Project Overview

- Multi-year, multi-project hydrodynamic and sediment transport monitoring and modelling project: 80 miles
- Scientific approach to better understand the natural system = improved operational efficiencies & cost-savings



[https://ewn.el.erdc.dren.mil/nbnf/other/5\\_ERDC-NNBF\\_Brochure.pdf](https://ewn.el.erdc.dren.mil/nbnf/other/5_ERDC-NNBF_Brochure.pdf)

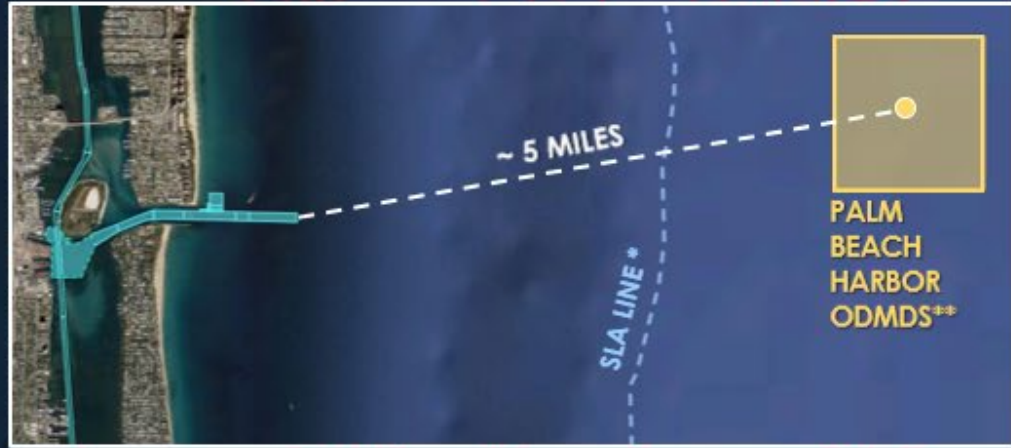
# PALM BEACH HARBOR

Local Sponsor: Port of Palm Beach District



0421

Placement Areas [ ] Turning Basins # Depths Military: ● Coast Guard



**MAINTENANCE**

- Dredging Frequency: Annually
- Dredge Types: Hopper and Pipeline
- Advance Maintenance
  - > 35' Expanded, Extended, and Settling Basins

**SPECIAL CONSIDERATIONS**

- Nearshore **hardbottoms**

**CARGO TYPES**

- Container, cruise liners, and molasses exports

**TONNAGE (millions)**

2.2

**DOLLAR VALUE (billions)**

\$ 10.3

**Hardbottom**

SLA: Submerged Lands Act Boundary Line (delineates state and federal waters)

ODMDS: Ocean Dredged Material Disposal Site

DMMA: Dredged Material Management Area



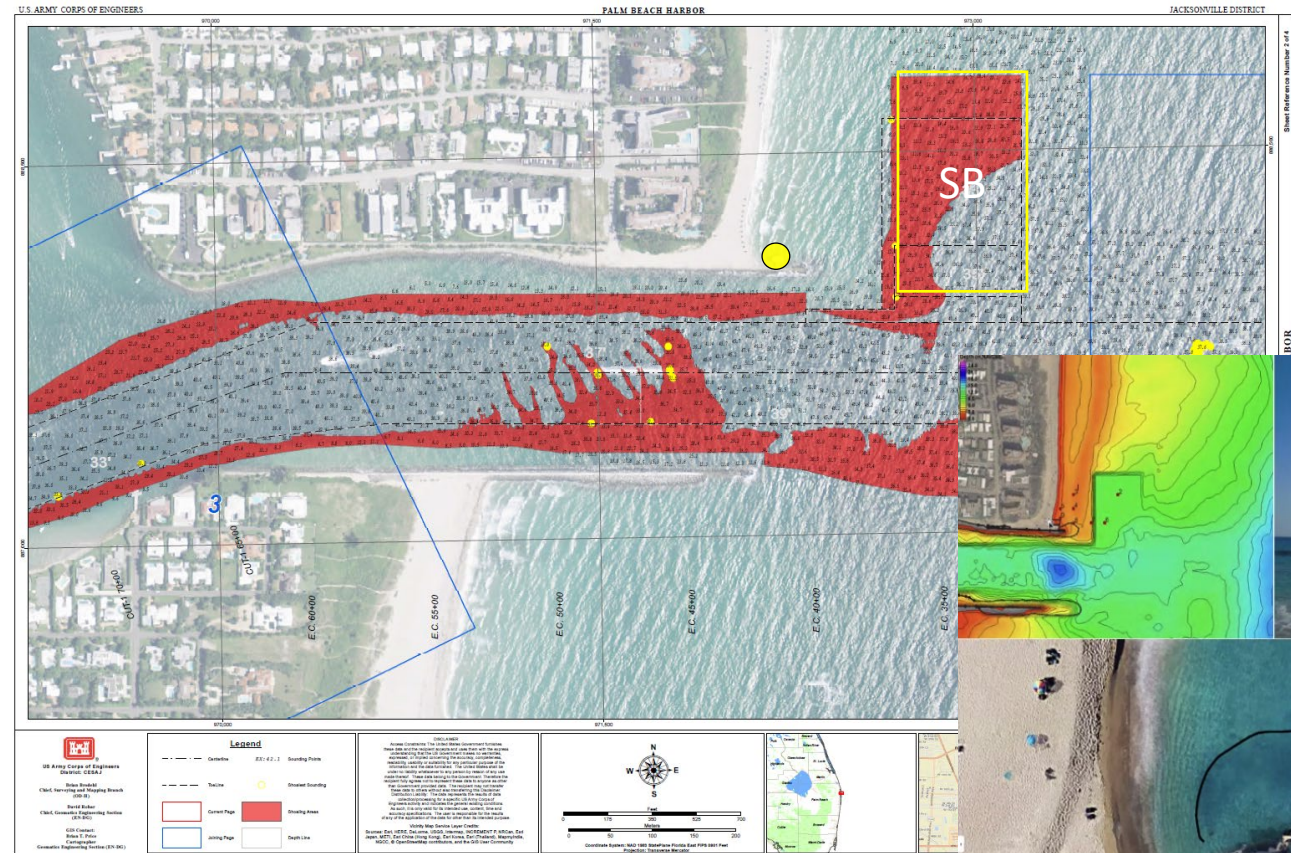
# Palm Beach Harbor, Lake Worth Inlet The Problems & Goals

## • Problem:

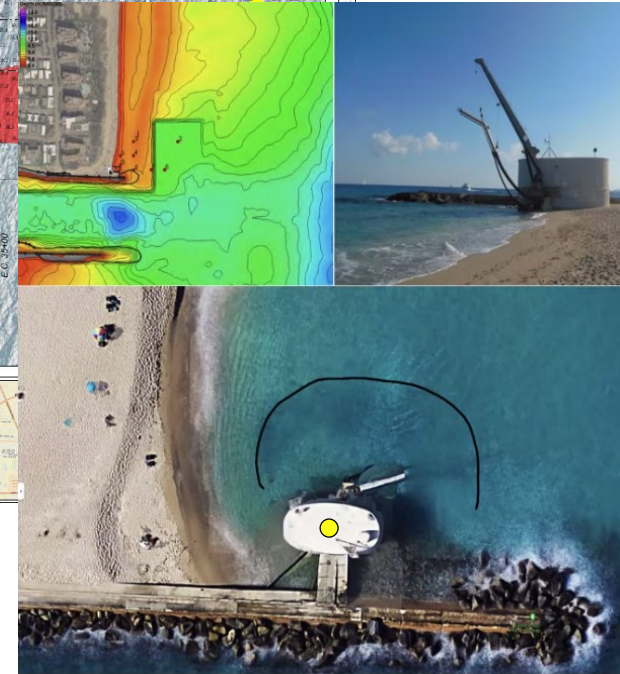
- Chronic shoaling into channel (finger shoals); impacting navigation.
- High frequency of dredging to remove shoaling, sometimes emergency type dredging events.

## • Goal:

- Understand and model ambient sediment transport
- Determine ways to minimize shoaling and reduce O&M Federal navigation costs at the harbor.

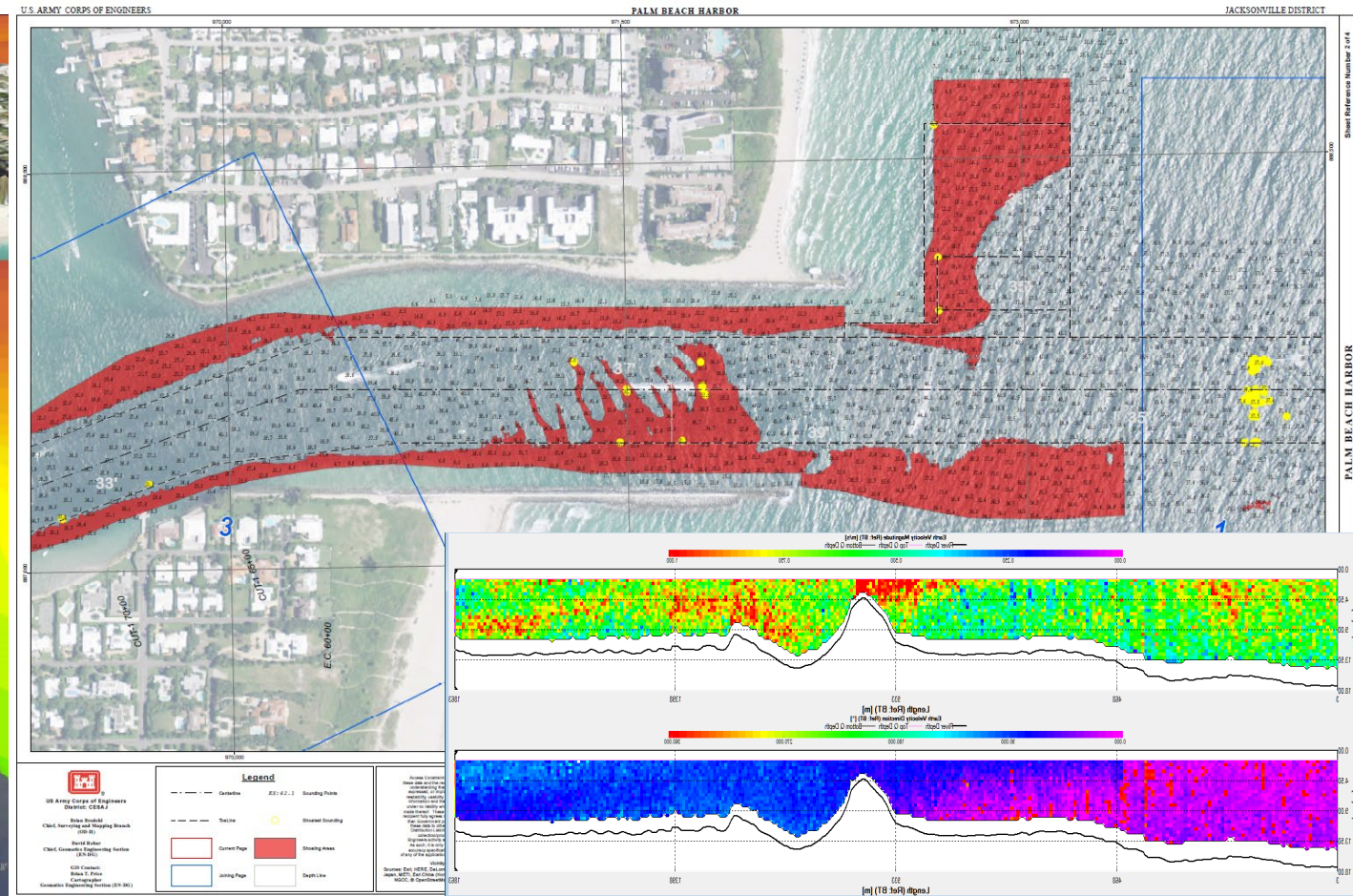
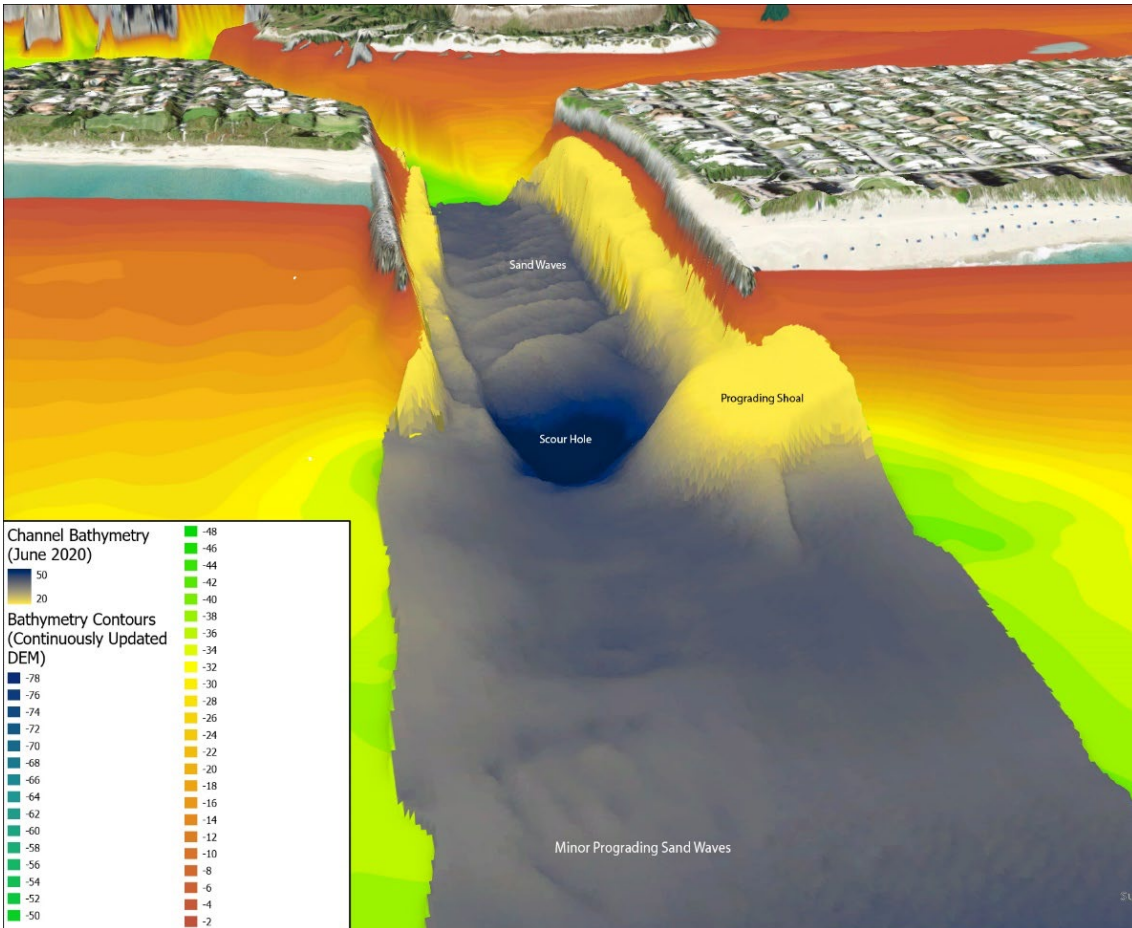


Bathymetry survey data difference plot: May '14 to Apr. '17.



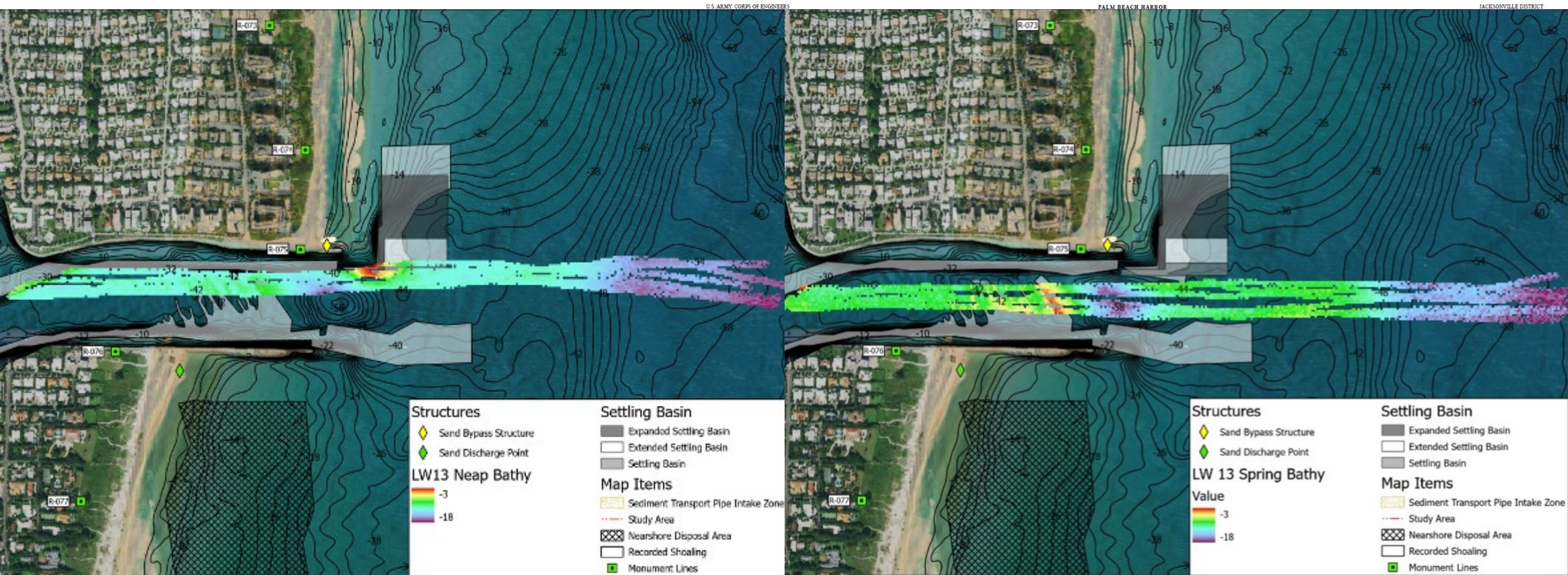


- **Post Hurricane Dorian:** ADCP Neap tide survey highlighted prograding bar shoal.
  - Loss of up to 28' (~8.5m) of navigable depth & narrowing of Entrance Channel.
  - Scour hole >45' MLLW.
  - Sand waves/finger shoals >1m in central inlet channel.
  - ADCP Spring tide survey 1 week later, shoal eroded & finger shoals grown >1.3m.





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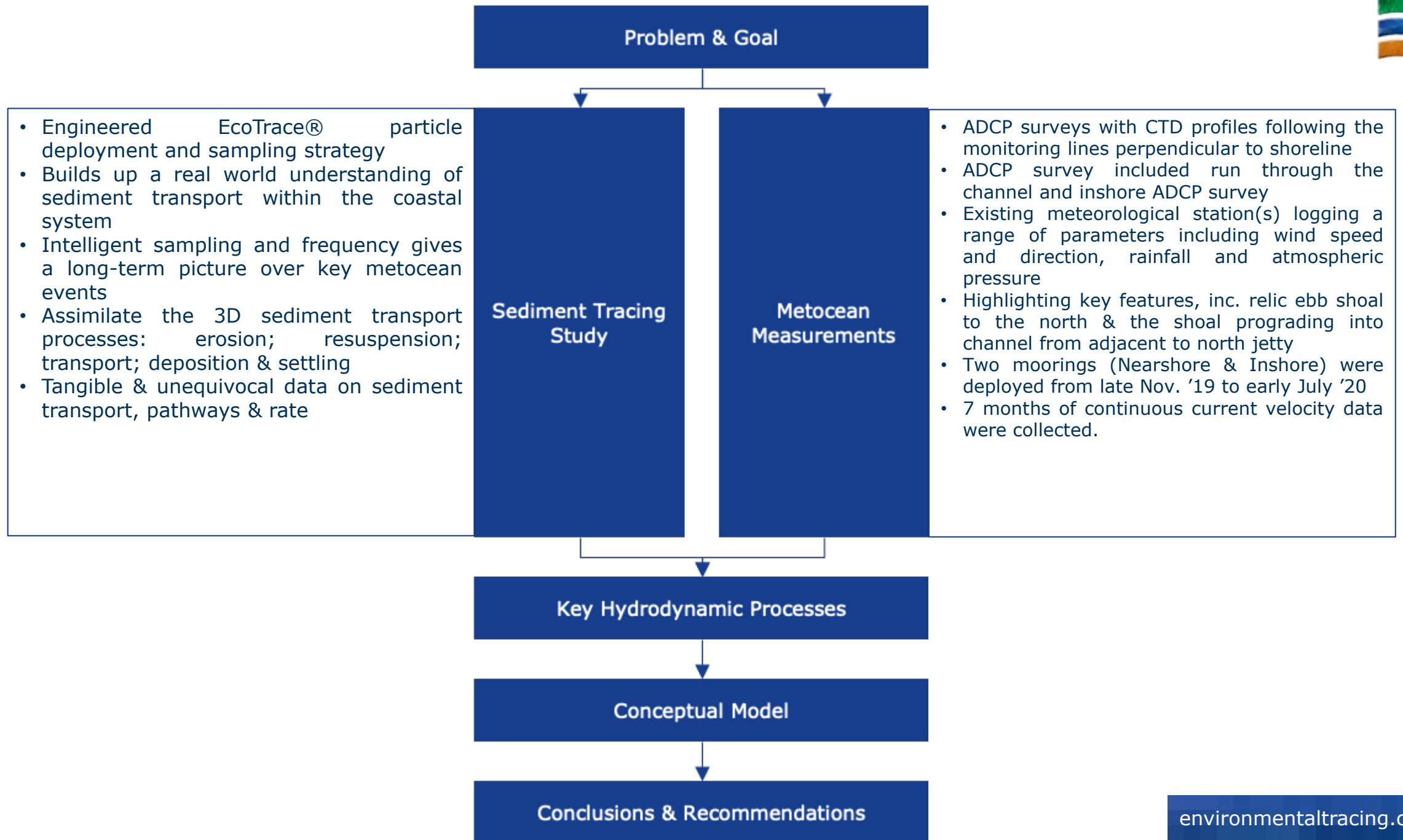
# Introduction to ET's Experience

- >30 years experience:
  - oceanographic survey
  - sediment transport
  - Pollutant & hydro dynamics
  - sediment morphodynamic conceptual models
- >100 silt & sand transport studies worldwide
- Key Clients:
  - 15 US states & 13 USACE
  - SAD: FL, SC, AL, GA
  - Global: UK, EU, Australia
- RSM, Barrier island evolution, Coastal inlet assessment, Beach erosion & nourishment, Sand bypass systems, Beneficial use, Habitat restoration, 'Working with Nature' & 'living shoreline', Dredge optimization & Sedimentation rates...
- Prime: Environmental Tracing (LLC)
- Modelling: WaterProof and Prof. Leo van Rijn, NL



**ENVIRONMENTAL  
TRACING**

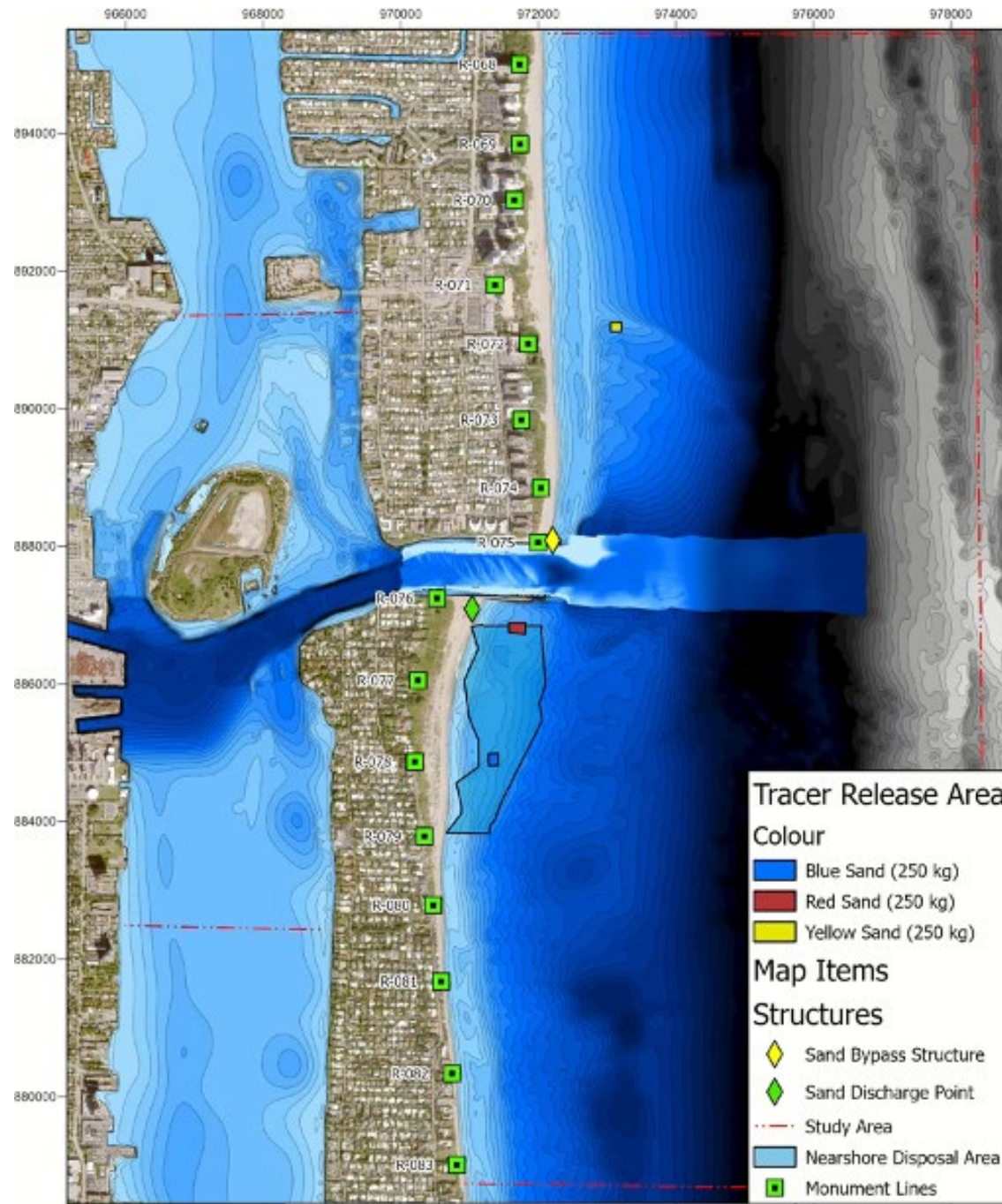






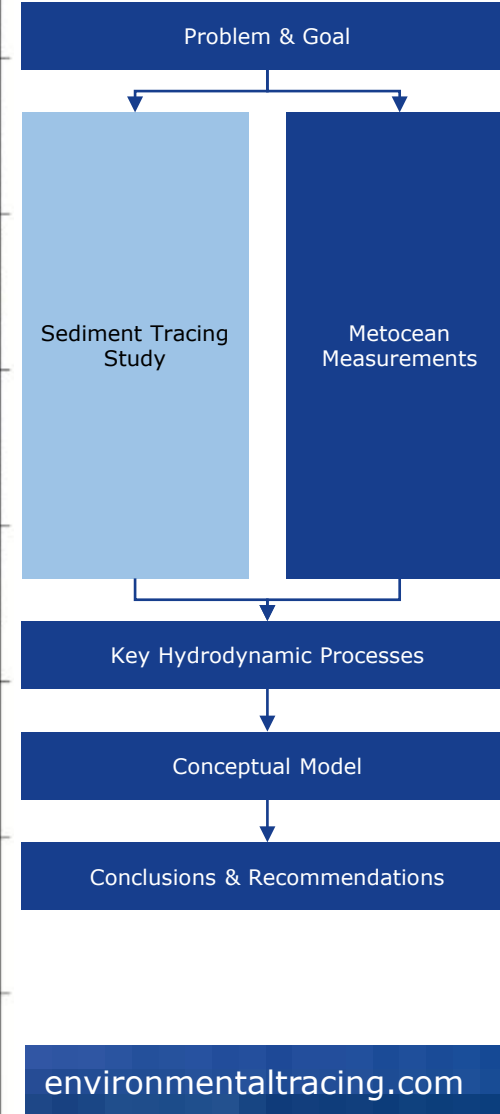
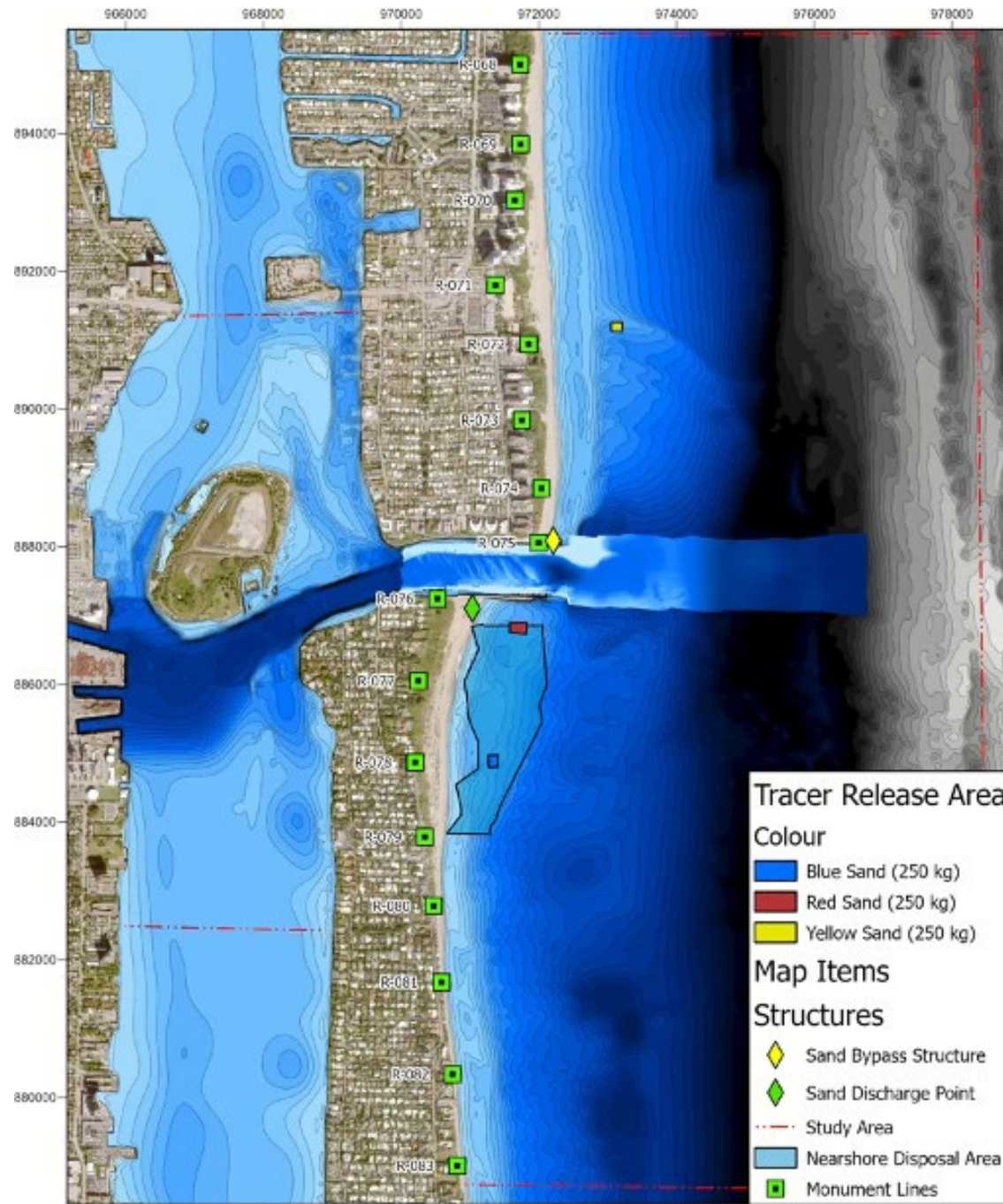


- 3 x environmentally benign fluorescent sand tracers
- Same size & density so eroded, transported & settle with sediment
- All released at ~12' water depth within 24 hours
- All experienced & transported in the same metocean conditions and hydrodynamic processes
- **Overall:** Identify potential sediment source/s for material shoaling on north side of the entrance channel and finger shoals (sand waves) in the inlet channel.



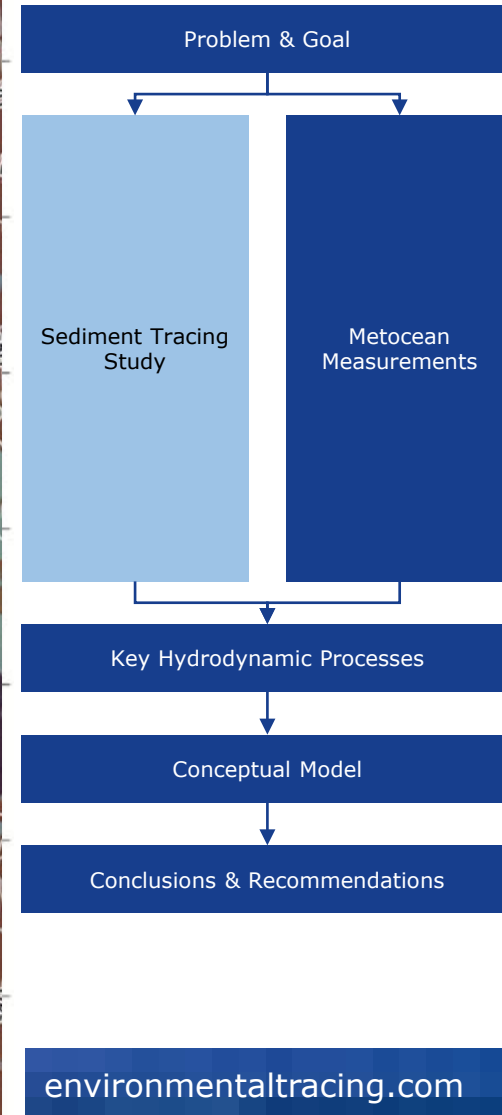
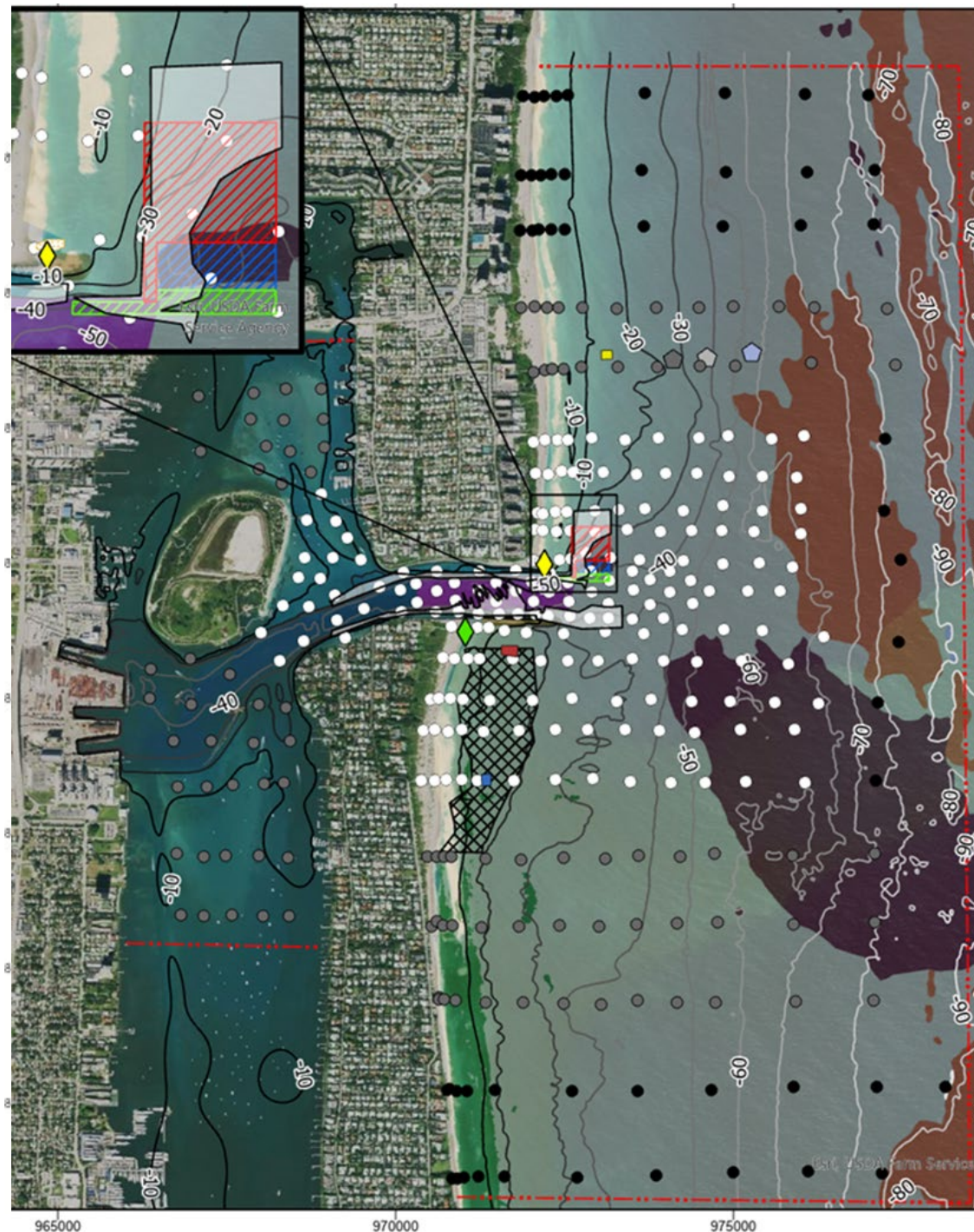


- **Yellow:** N of inlet (on relic ebb shoal)
- Characterize littoral drift from north down the coast & determine any transport across inlet
- **Red:** S of south jetty adjacent to SBP outlet
- Identify if sand discharged by SBP is returning to the inlet/channel or remains & nourishes the beach
- **Blue:** S of Nearshore Disposal Area
- Determine the fate of O&M dredge sand from channel, if it i) remains & protects and nourishes the adjacent beach, ii) is transported north back to the inlet or iii) south with littoral drift





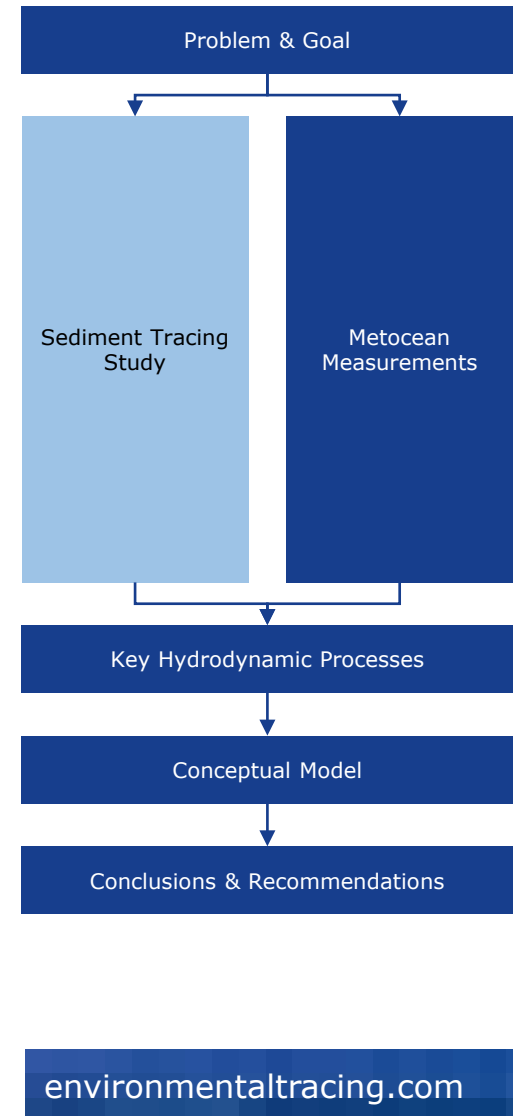
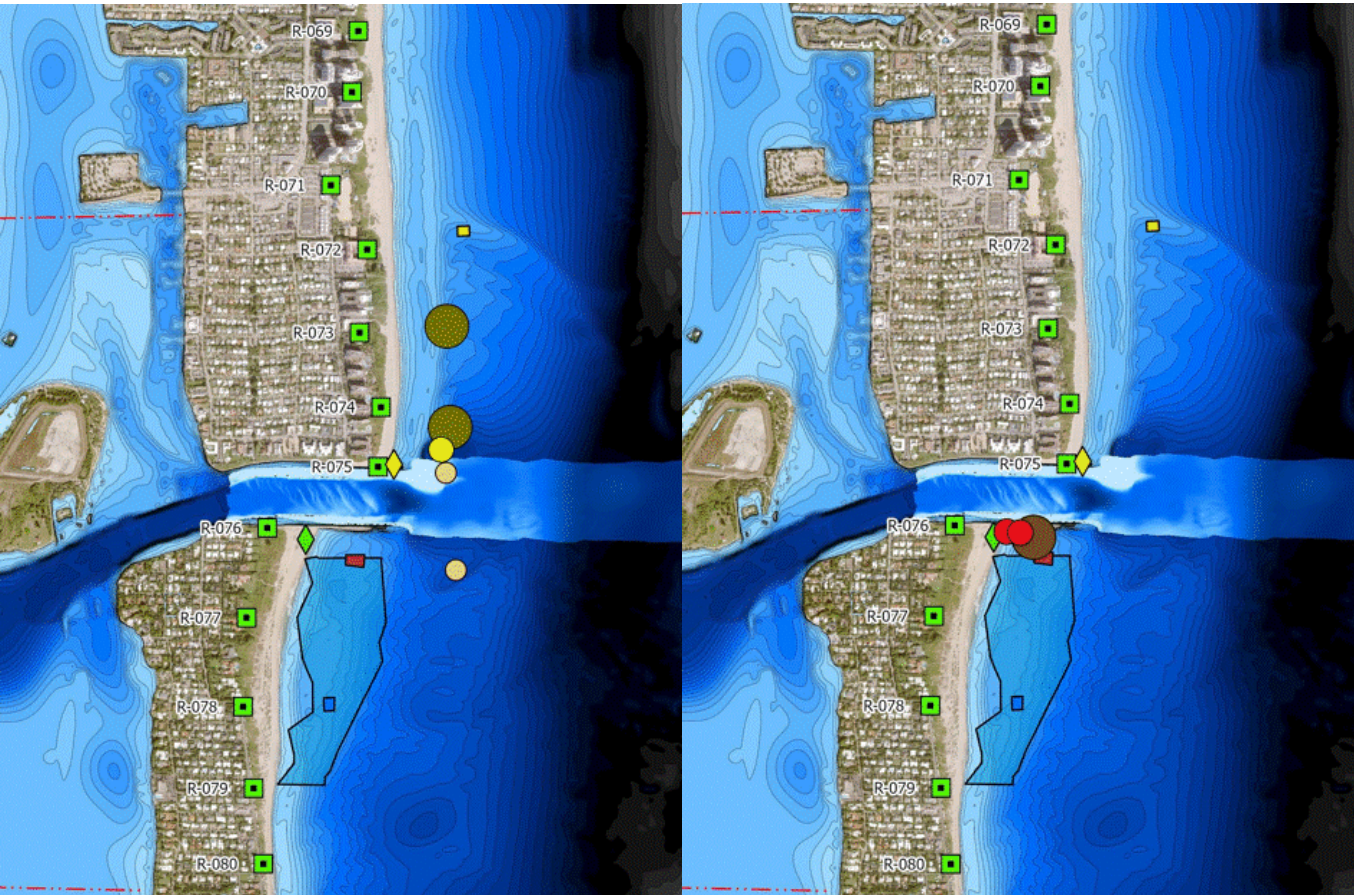
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- **4 sampling rounds:** 2, 5, 9 and 32 weeks after release
- Beach and seabed samples (grab & ROV around hard-bottom resources)
- **>1200** total samples analysed
- PSD analysis of 325 Round 2 samples





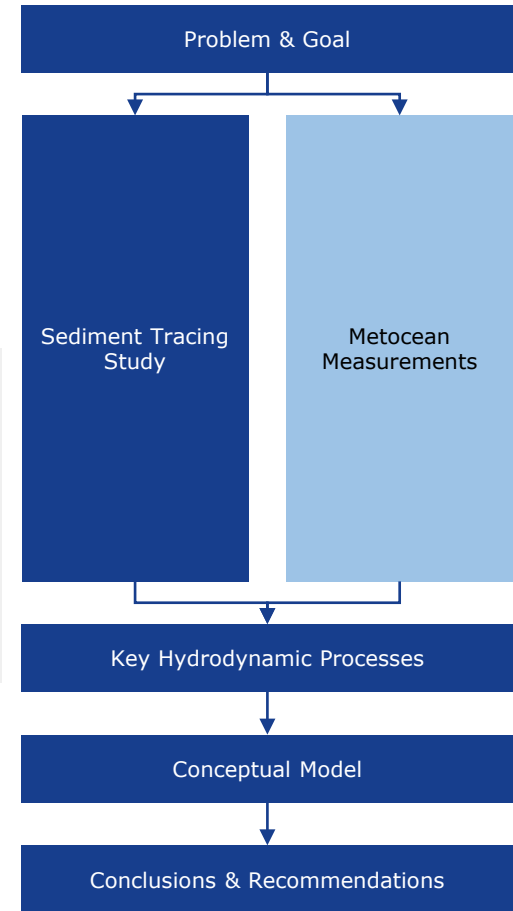
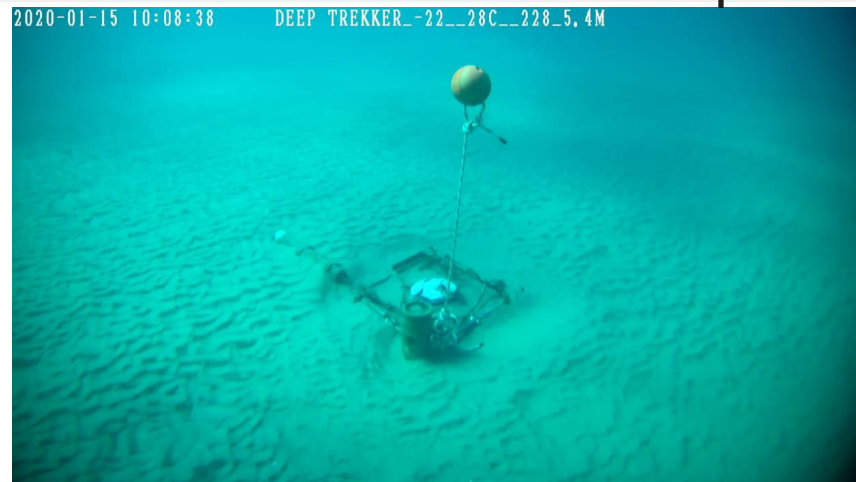
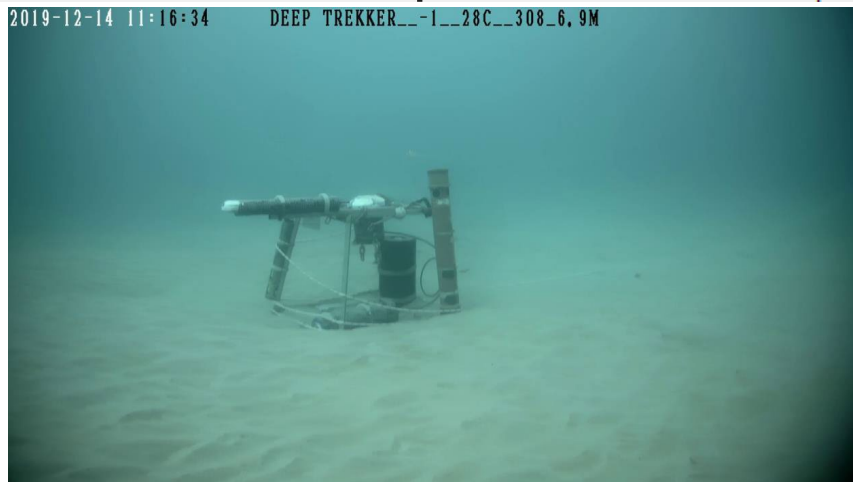
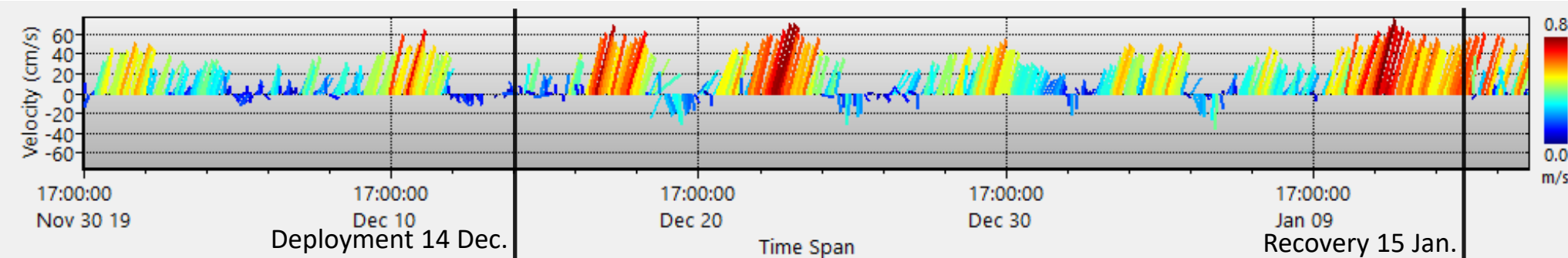
# Tracer Results

- Round 1: 2 weeks after tracer releases.
- Round 2: 5 weeks after tracer releases.
- Round 3: 9 weeks after tracer releases.
- Round 4: 32 weeks after tracer releases.





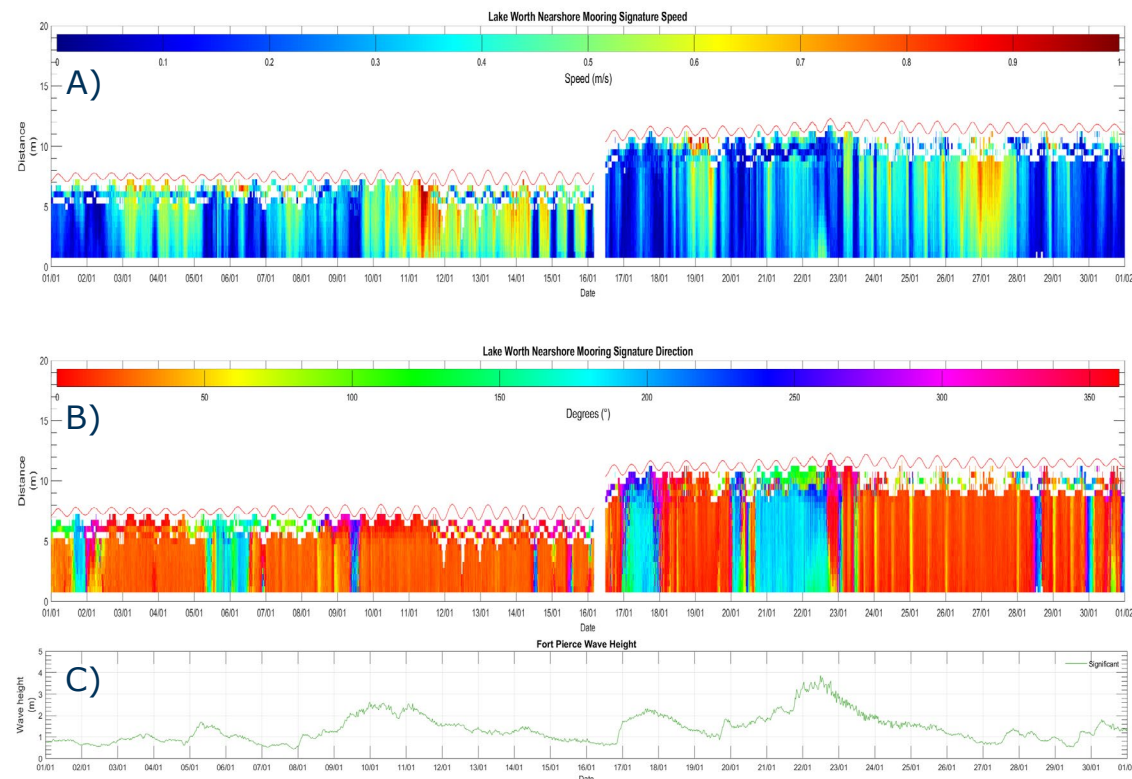
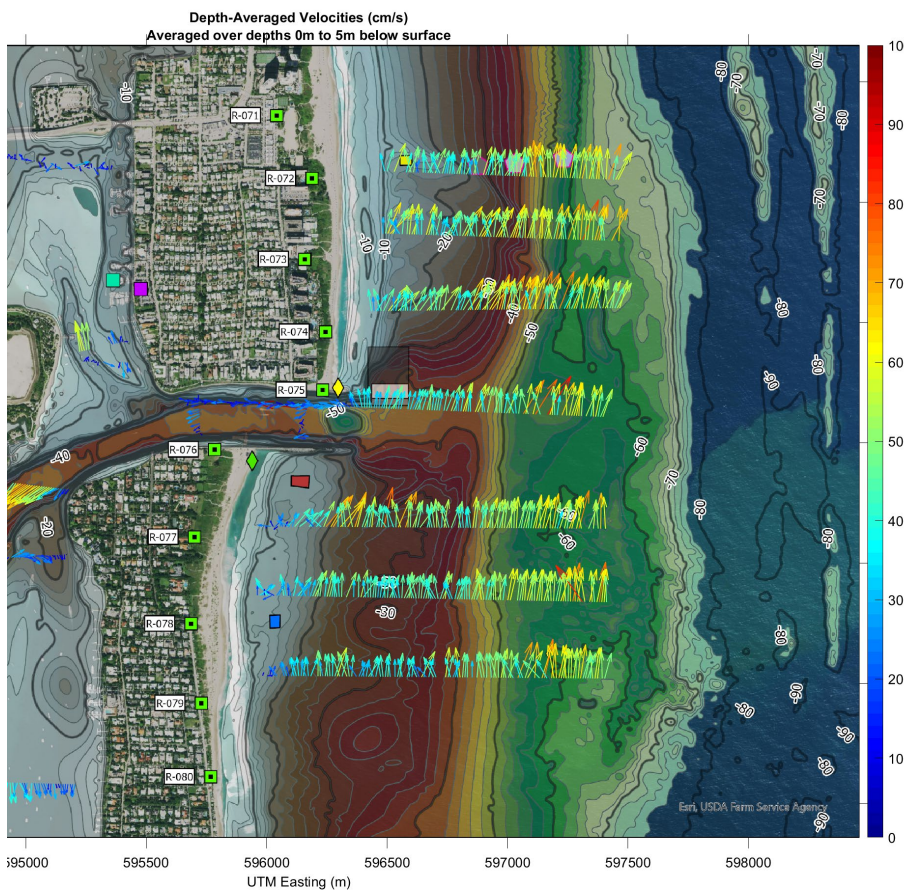
- Background ADCP to assess overall circulation
  - Met., tide, SSC (mg/L), CTD (salinity)
  - Currents – near-bed & water-column
  - Waves
- 
- Moorings for 7 mths. Nov. '19 to Jul. '20.
  - Mooring buried 0.8m (>2.5') deployed 14 Dec.'19 to 15 Jan. '20 in 25' water depth due to 3 x Northeasterlies = V. active transport zone.



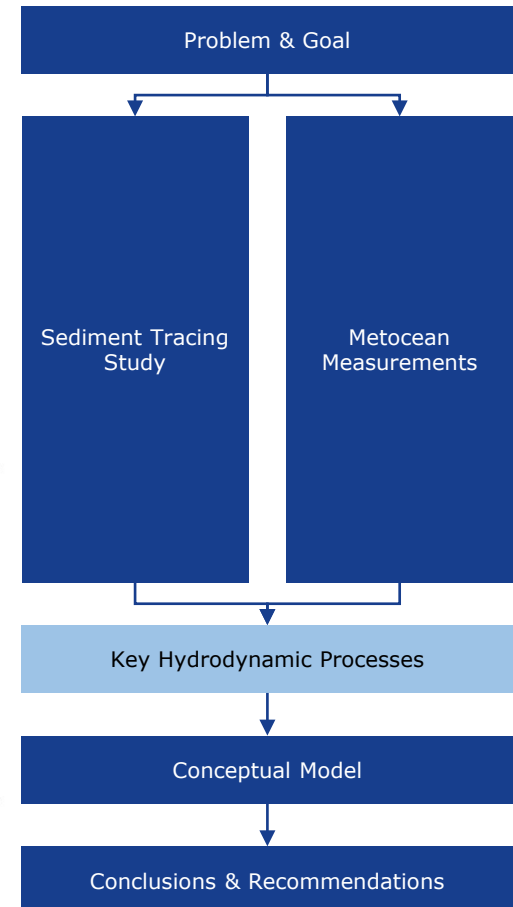


## Florida Current (FC) & Northeasterlies

- North much of the time, alternates south from hours to days up to 5-6 days. Stronger in summer months
- Reversal could be a return flow, counter-current or displaced FC
- Up to 0.7 m/s (1.5 knots) within 150m of south jetty flow perpendicular to entrance channel = hazard for shipping
- Return flow close to south jetty & to north of inlet across relic ebb shoal



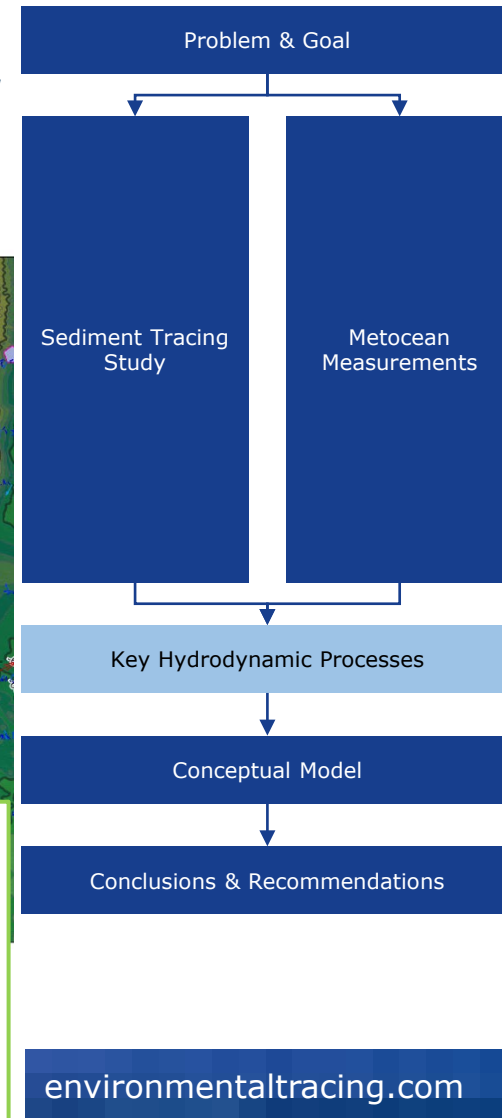
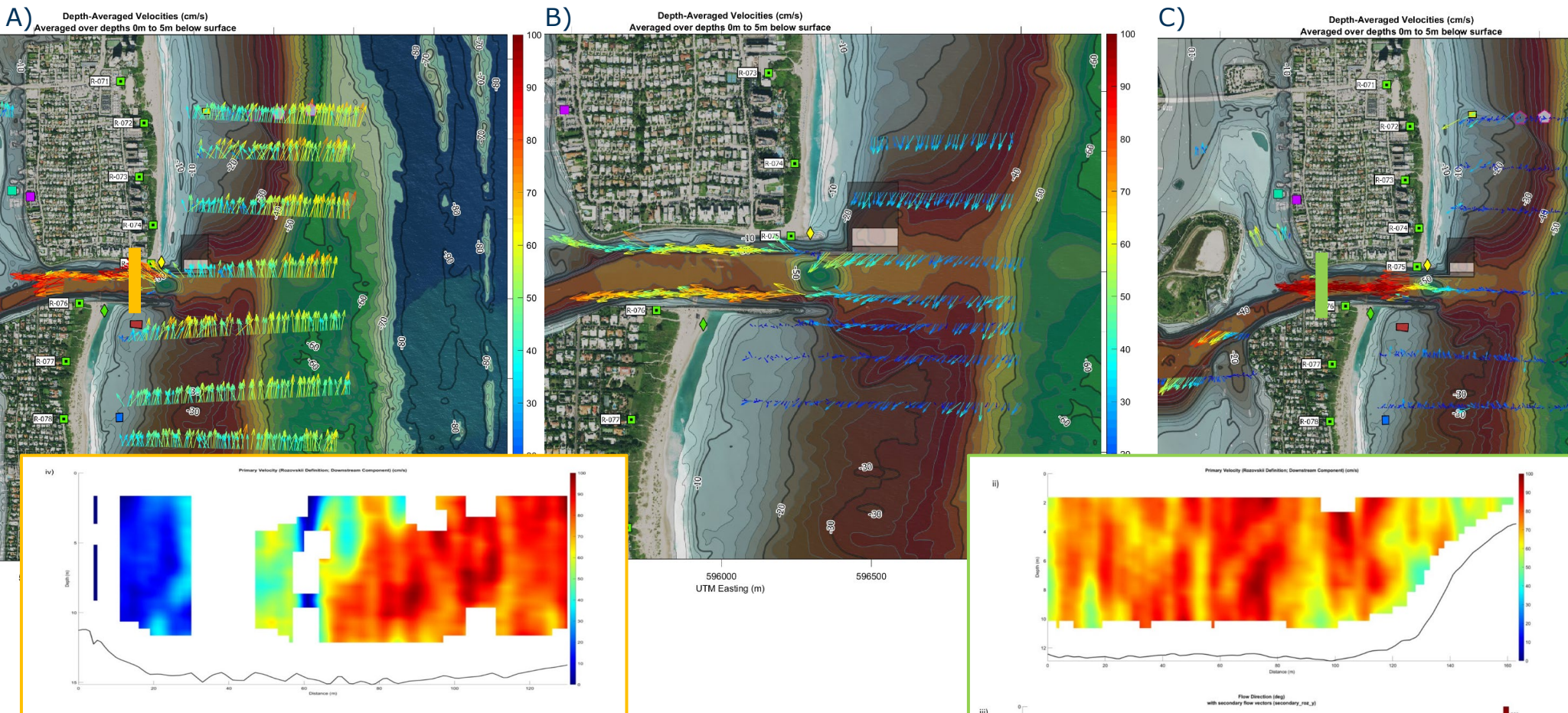
- A) Velocities - up to 0.8 m/s (1.6 knots) - flow NNE
- B) Direction - Red is North. Turquoise is South (yellow is ebb jet flow from inlet)
- C) Sig. wave height up to 3.5m, Northeasterly creates Southerly flow FC (or return or displaced offshore)





## Flood Tide - Tidal Inlet

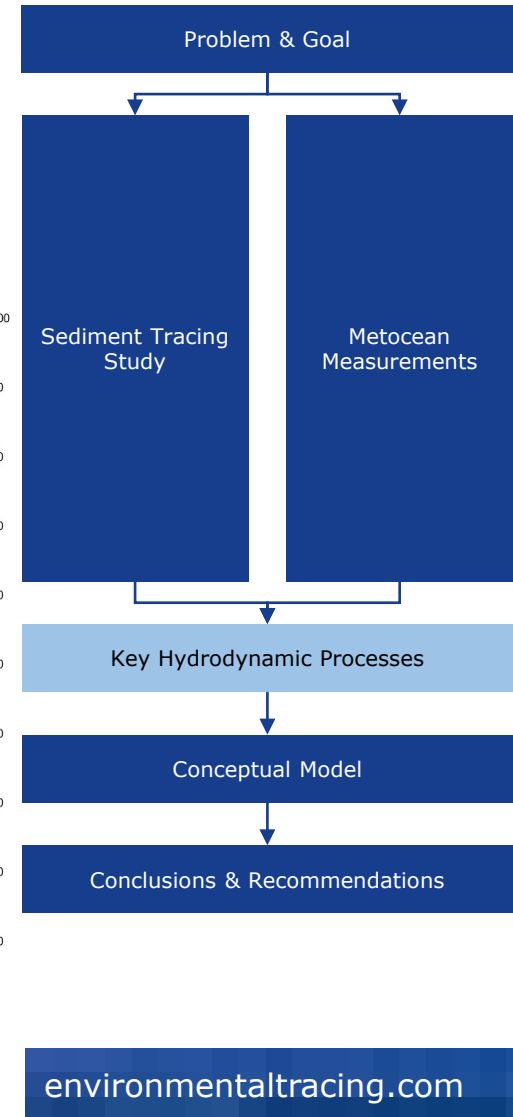
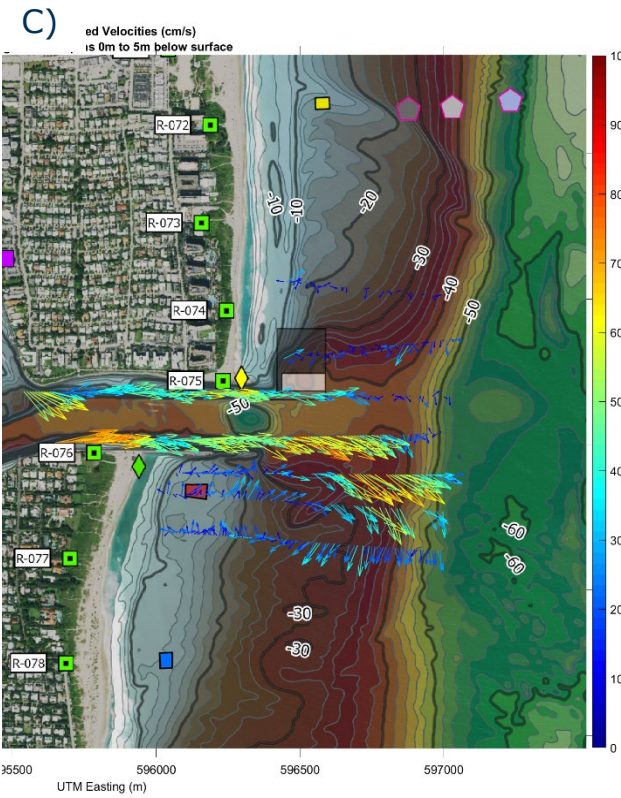
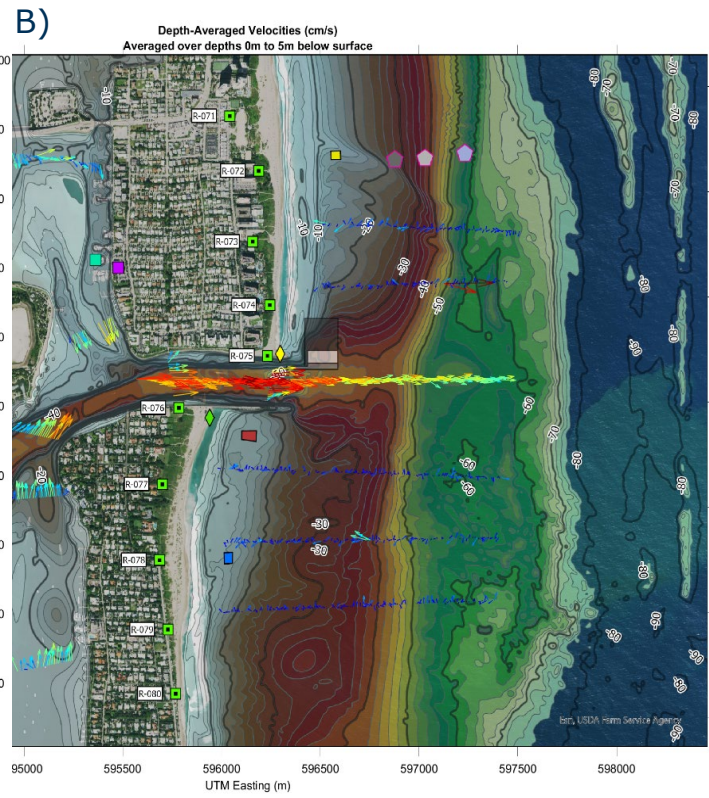
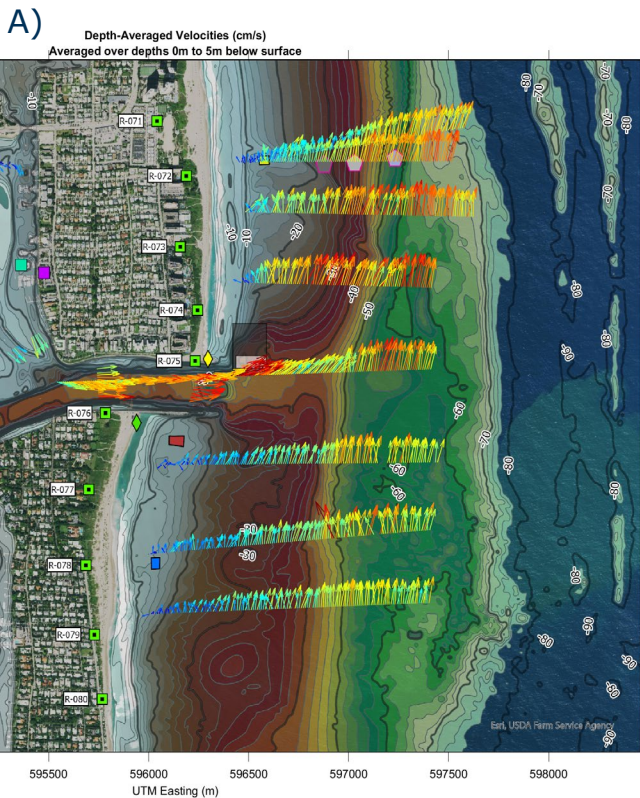
- A) Flood tide mainly enters from SE, enhanced by north flowing FC. Cross-channel plots highlight very uneven flow & v. high velocities adjacent to north jetty (middle image) confirming turbulence and scour
- B) Flow directly across the channel from north side of channel, across prograding bar shoal, creating shoaling on north side of channel.
- C) Merging of opposing flows, creates significant turbulence, scour hole, sand waves as flow twists and 'zig-zags' through inlet. Main vectors show flow directed oblique to main channel incl. to NW adjacent to north jetty





## Ebb Tide - Tidal Inlet

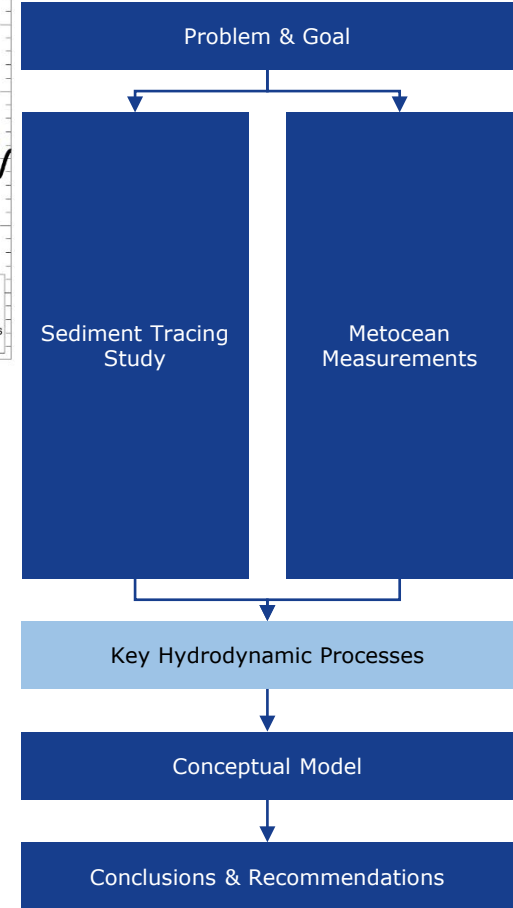
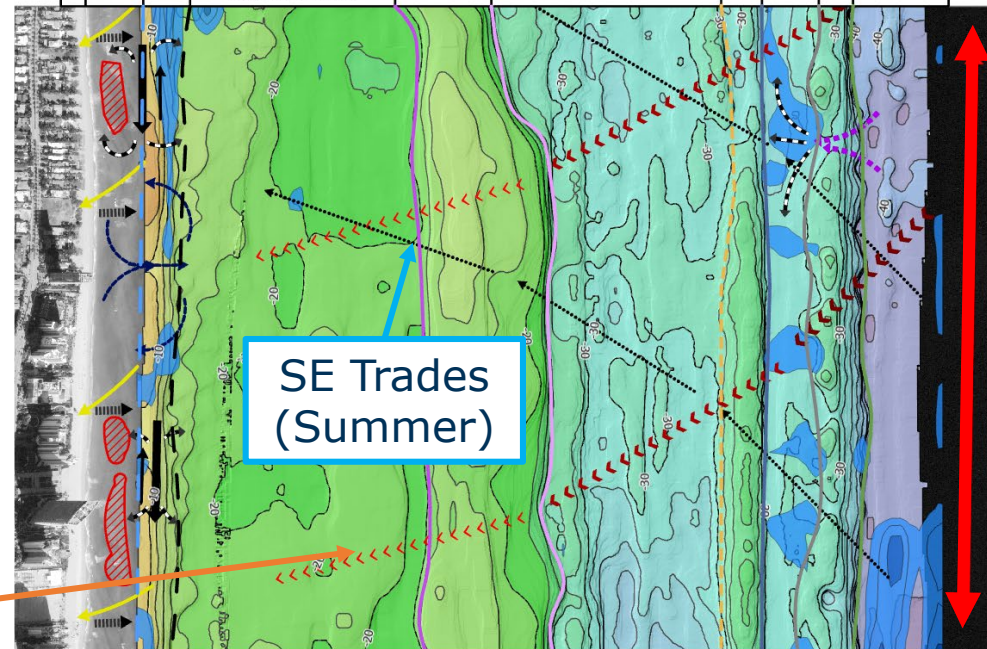
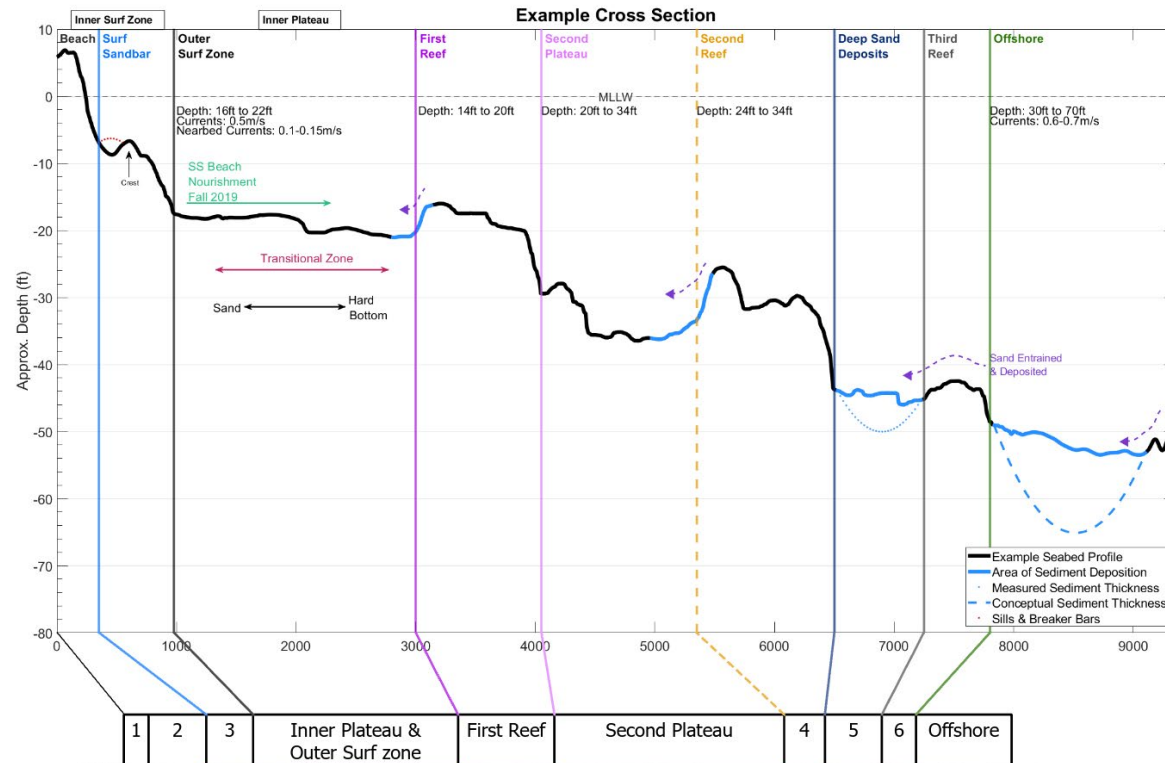
- Perpendicular flow to FC/NE – at entrance channel  $\sim 1$  m/s on ebb tide to W flowing across FC/NE at 0.7 m/s to N or S.
- A) Ebb jet deflected to NNE and combined with FC
- B) Ebb tide due E with no FC or NE
- C) Ebb tide jet deflected to SE with return flow due to NE and Coriolis forces (to the right)





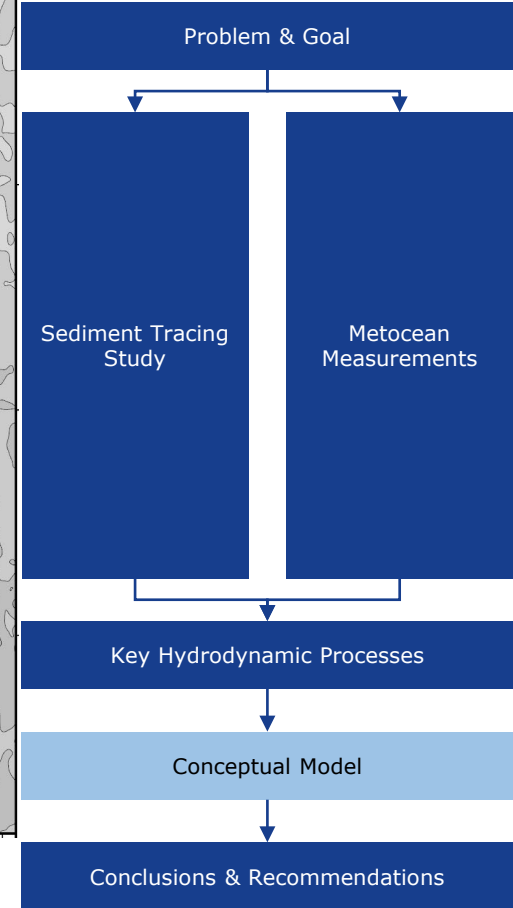
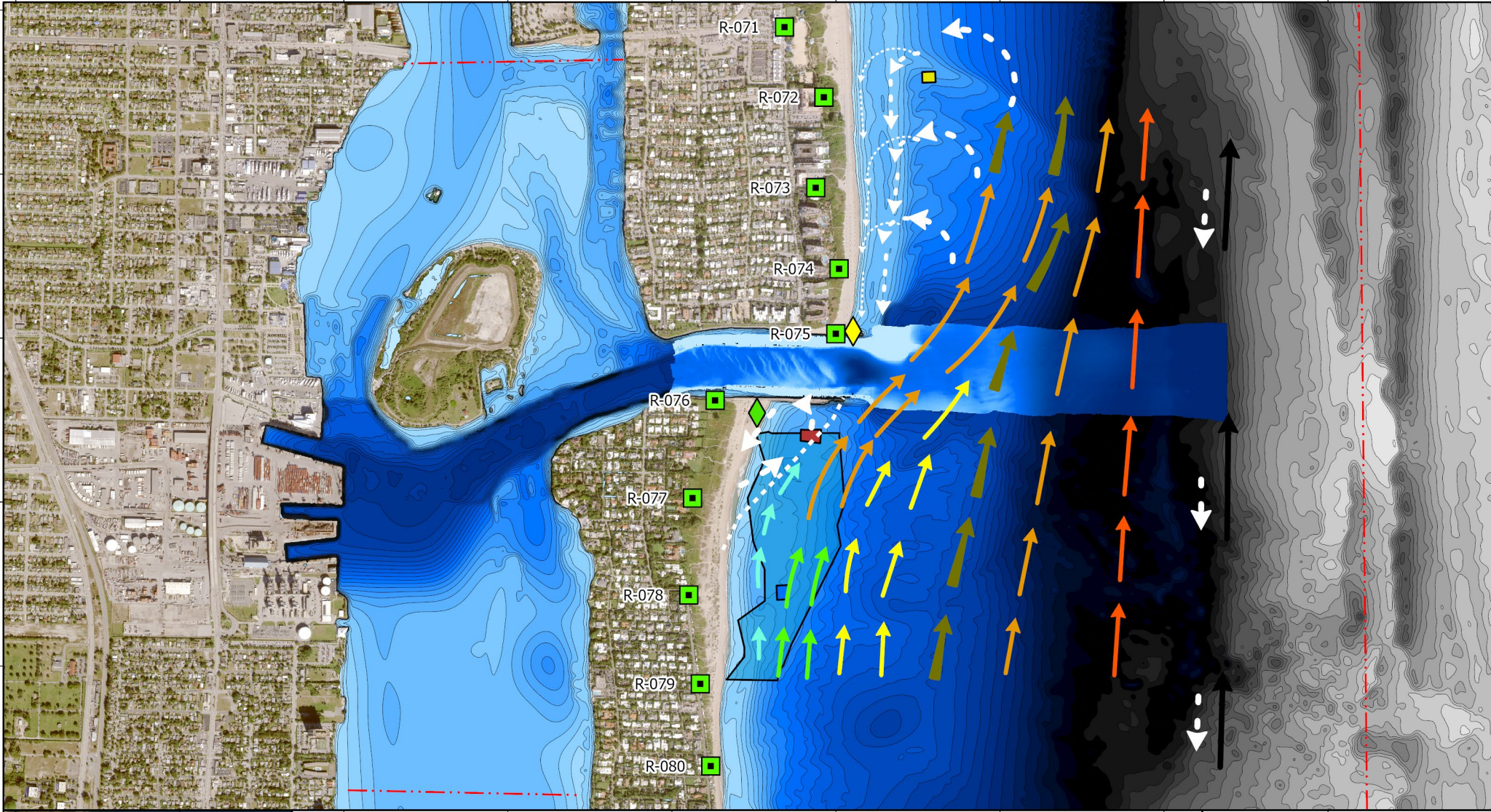


- Visualize how processes cross-shore and longshore
  - 1. Wind-driven circulation
  - 2. Wave-driven circulation
  - 3. Waves (erosion/resuspension) in particular Northeasterlies
  - 4. Florida Current (FC)
  - 5. Tidal inlet – A) ebb tide jet & B) flood tide
- 
- Processes oppose, perpendicular and combine = spatial and temporal variability & complexity
  - Creates net sediment transport & shadowing with leeward areas & Shoaling



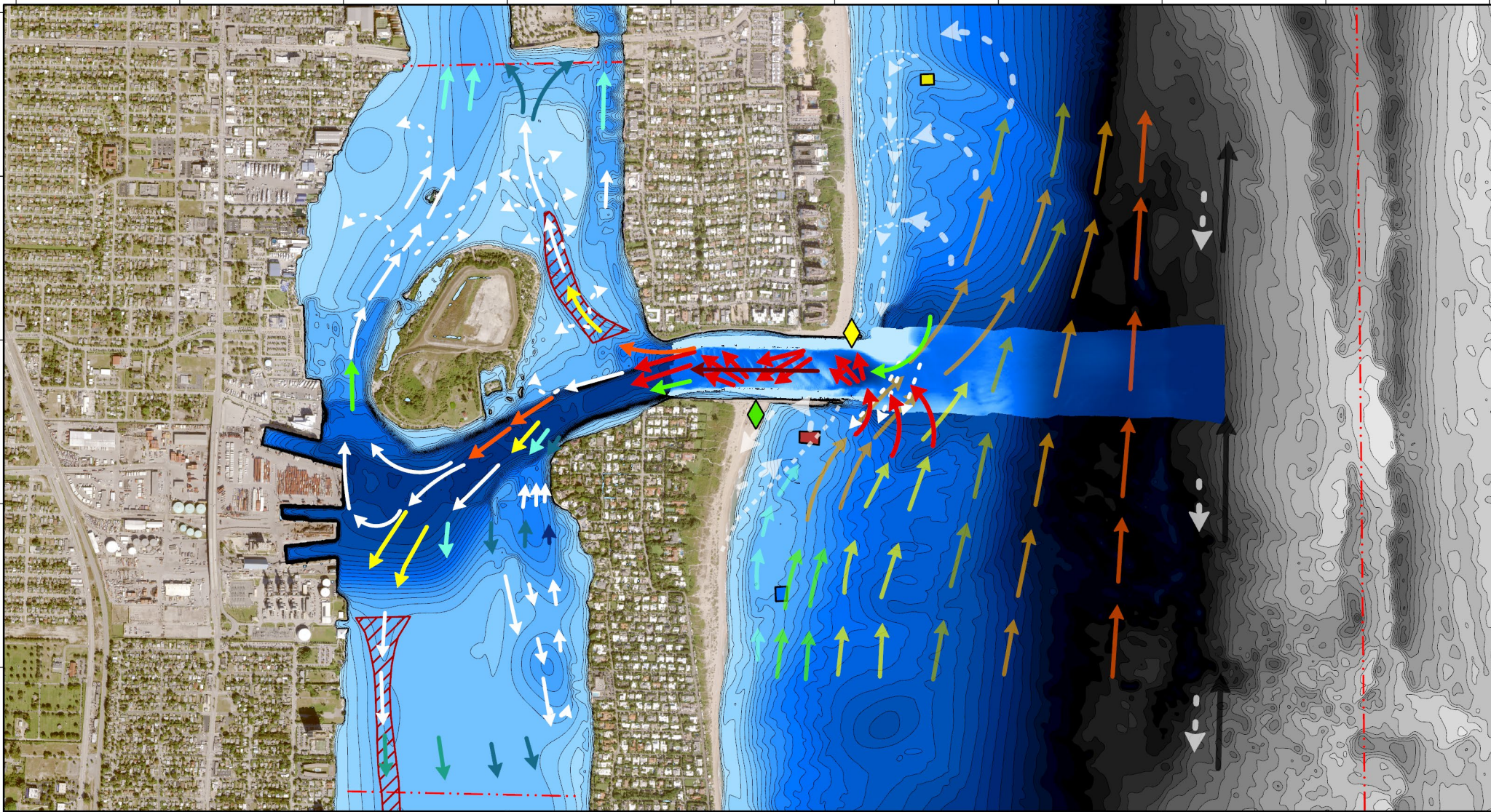
**Florida Current**

**North East Waves (Winter)**



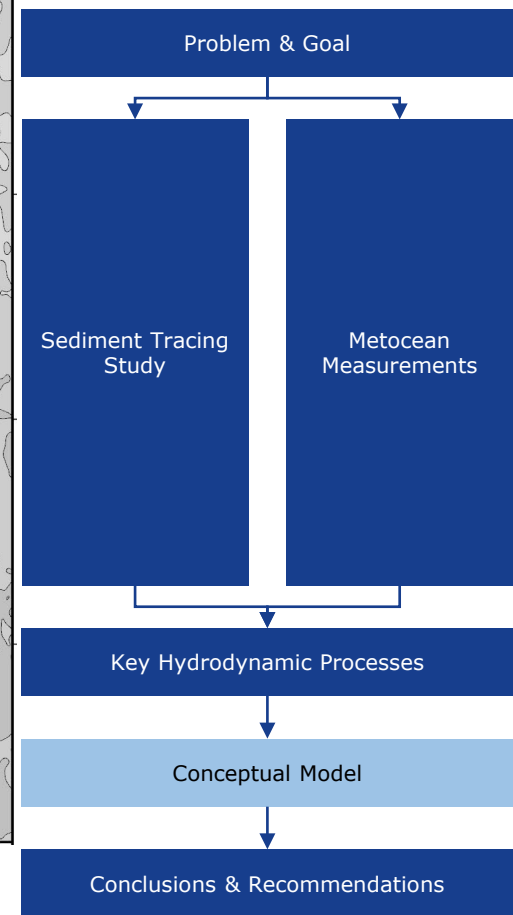
### Conceptual Models

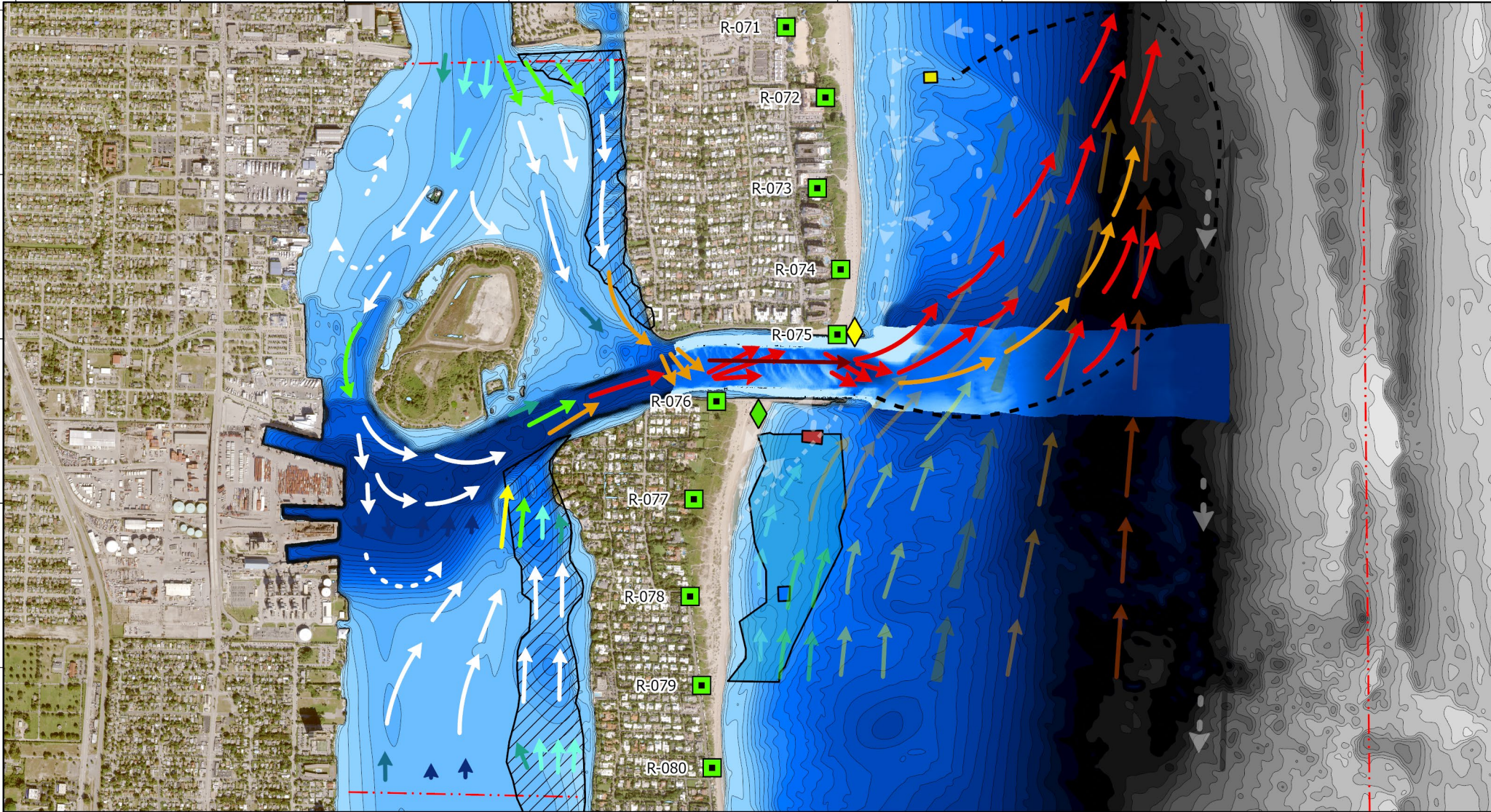
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- Flood Tide
- Florida Current plus Ebb Tide
- Weak Florida Current & no NE
- Ebb Tide plus NE plus Coriolis forces



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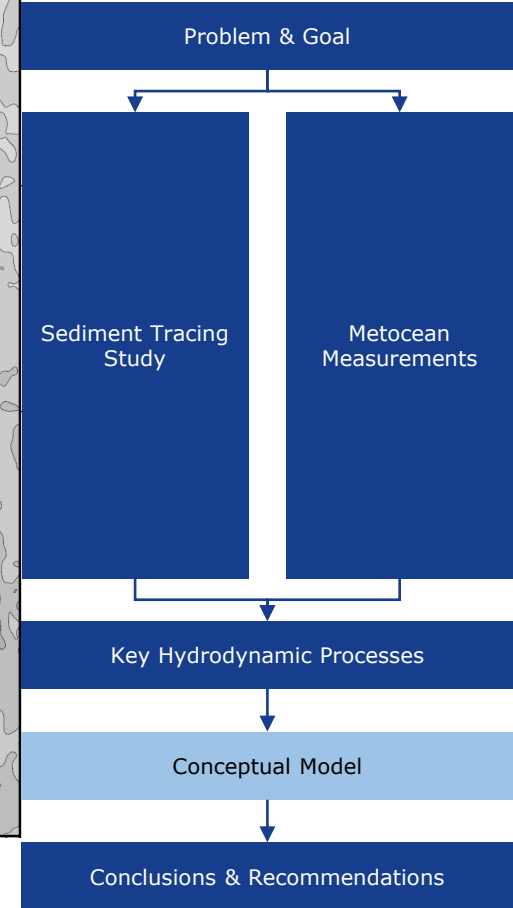
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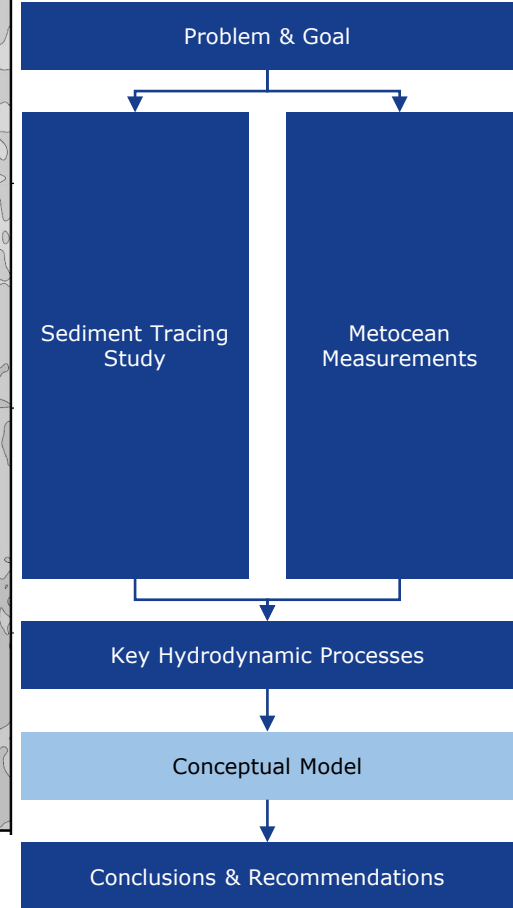
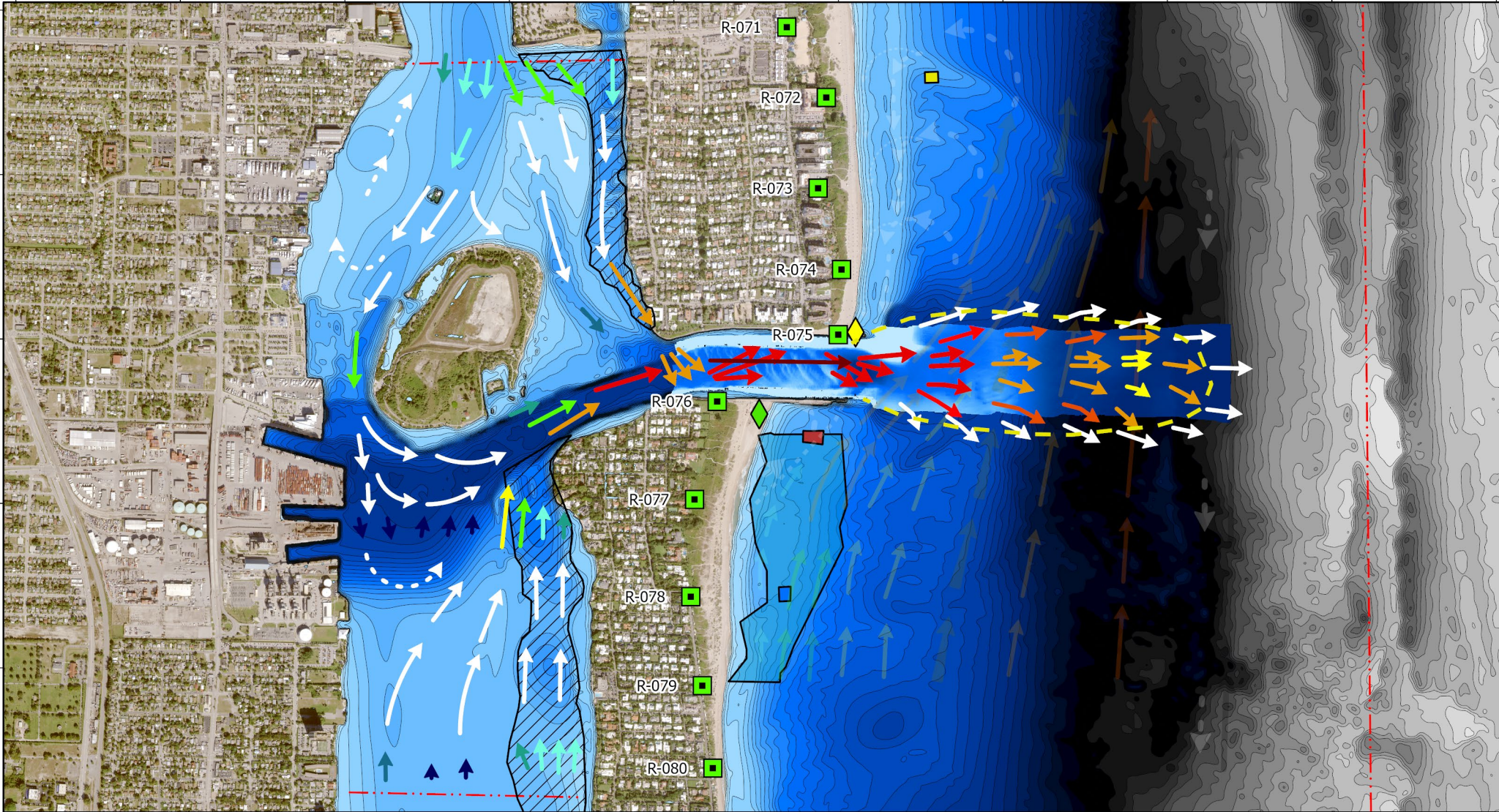




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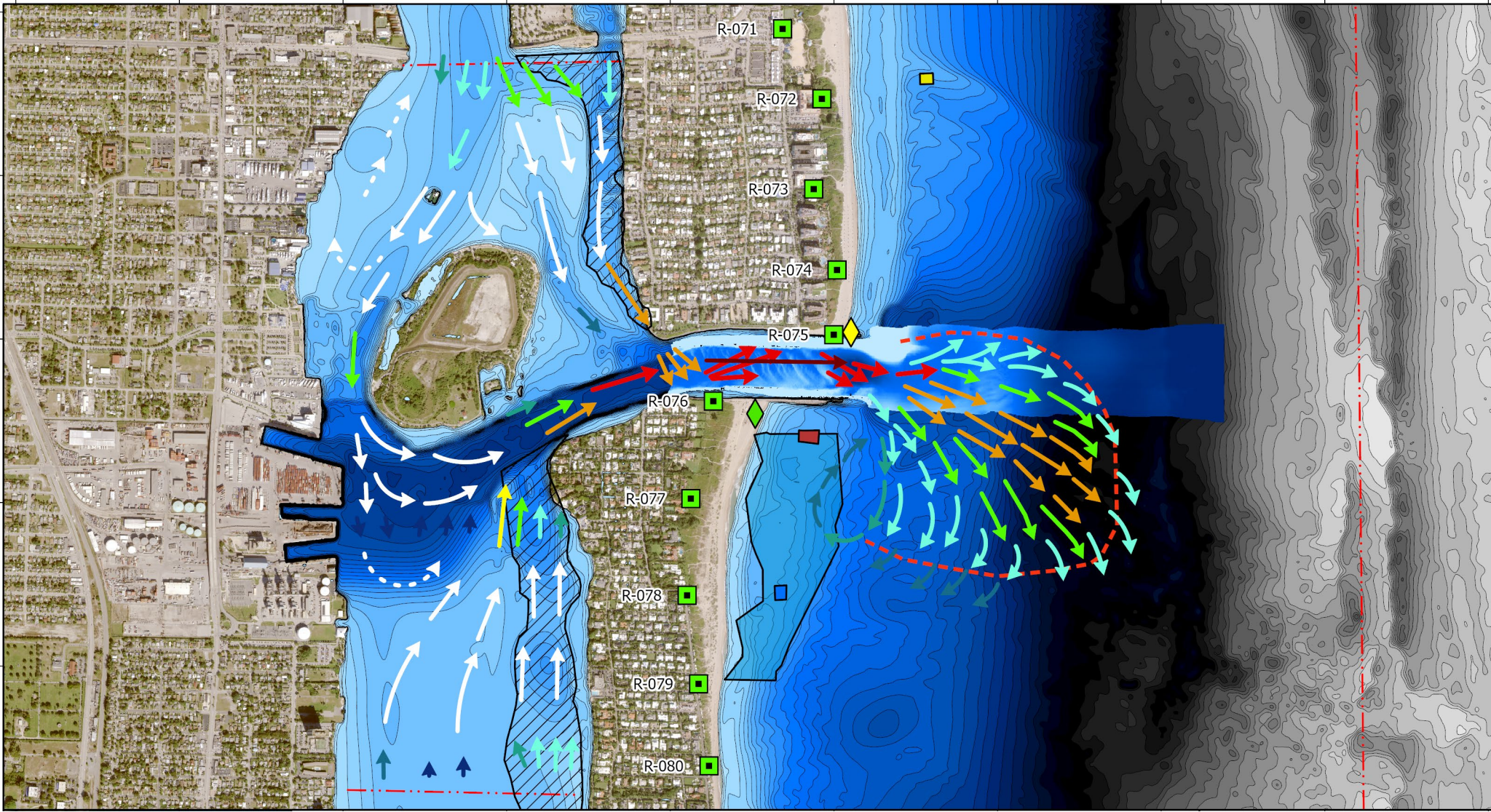
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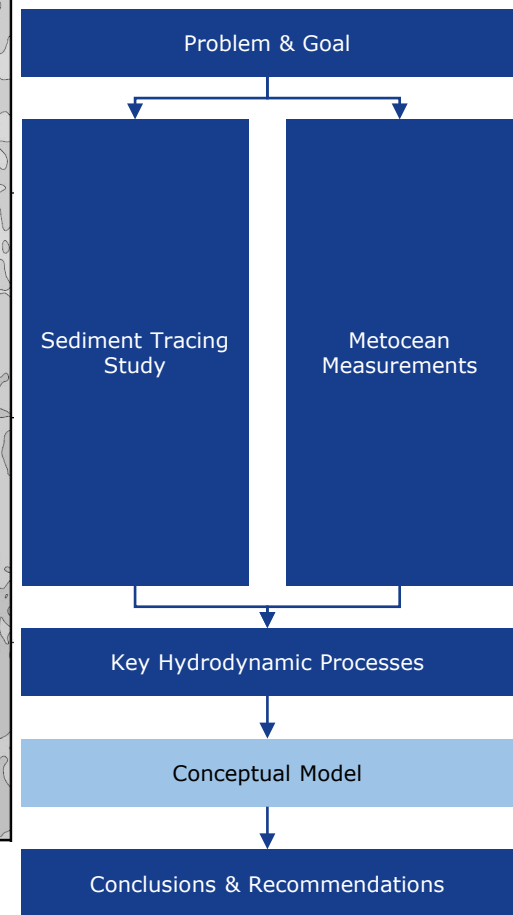
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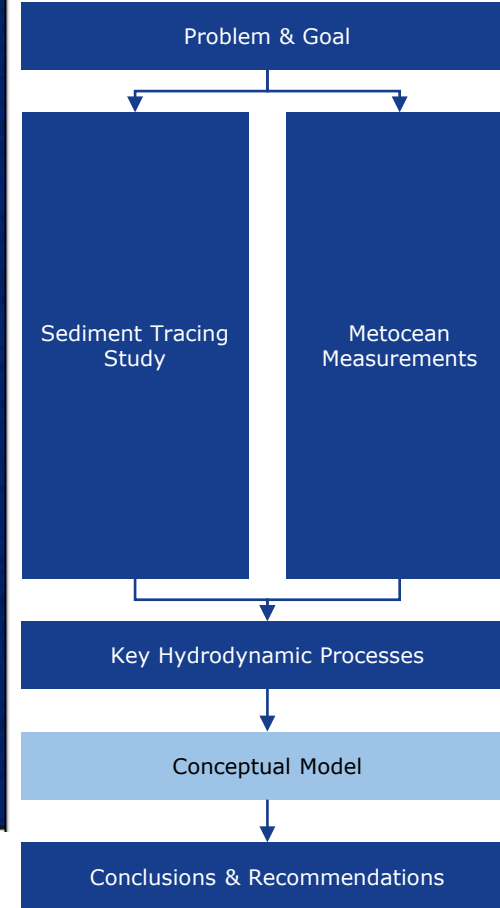
## Sediment Transport Conceptual Models

Strong Florida Current

NE Driving Sediment Around Inner & Outer Surf Zone

"Zig-Zag" in on Flood

Back out on Ebb





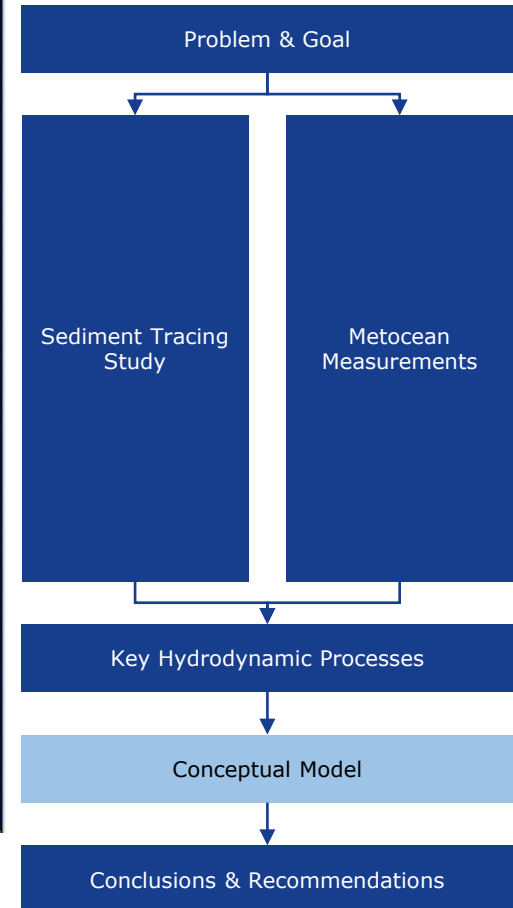
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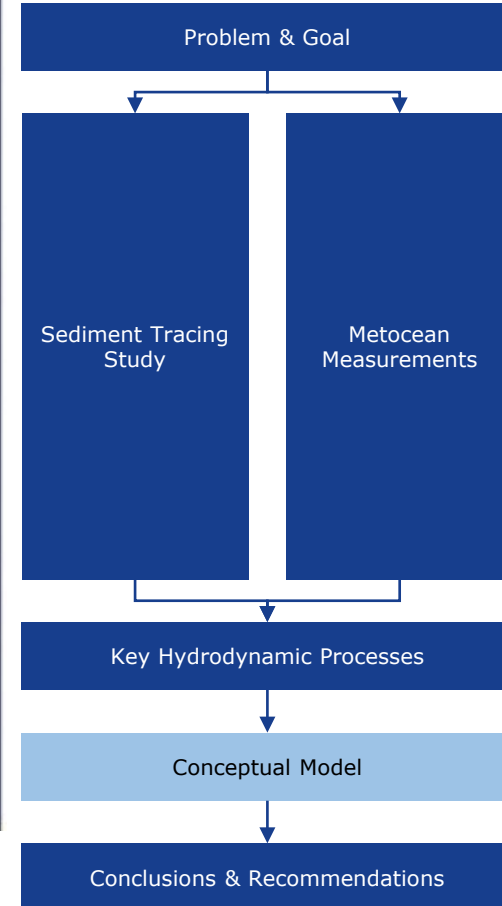
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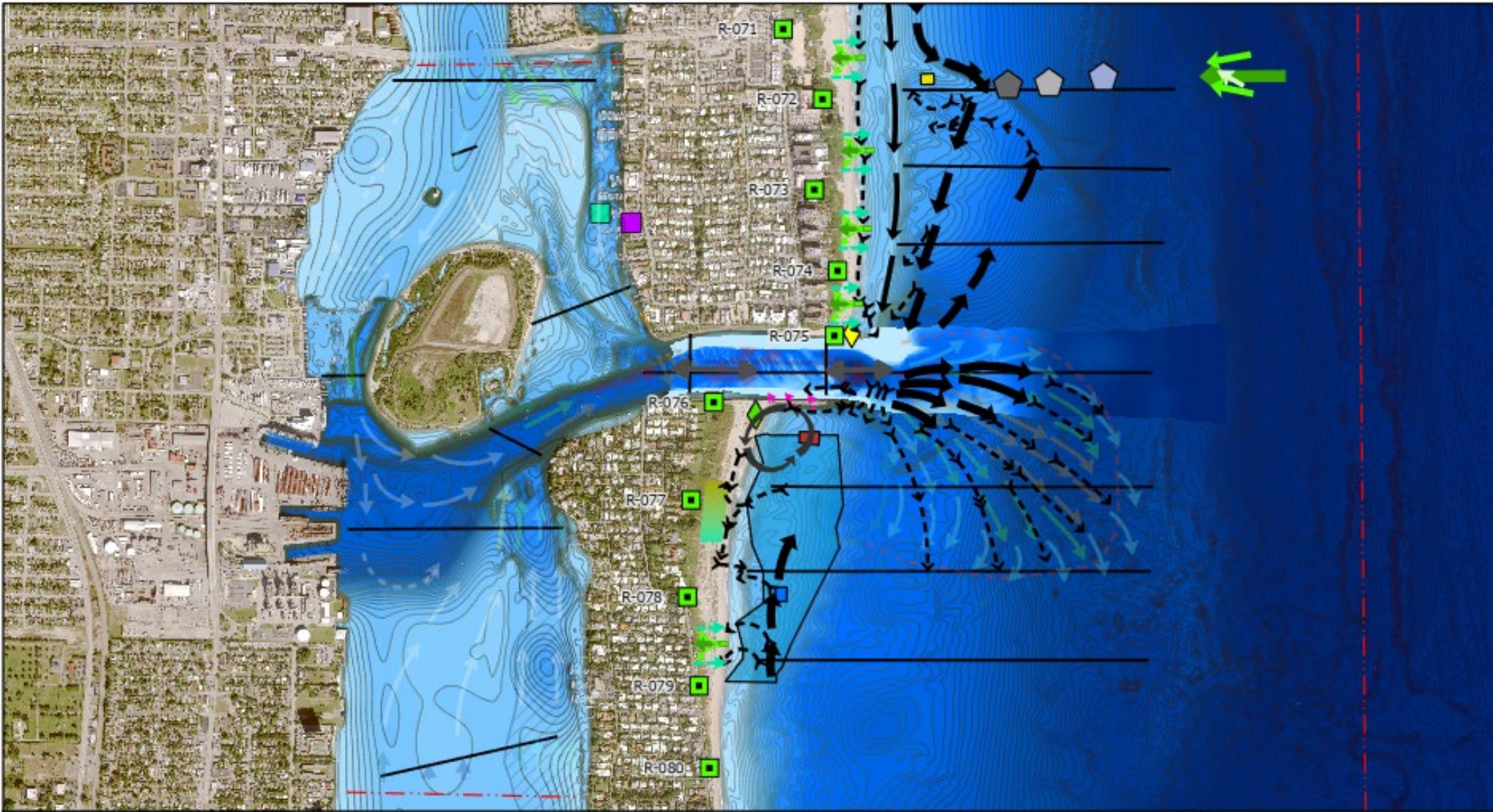
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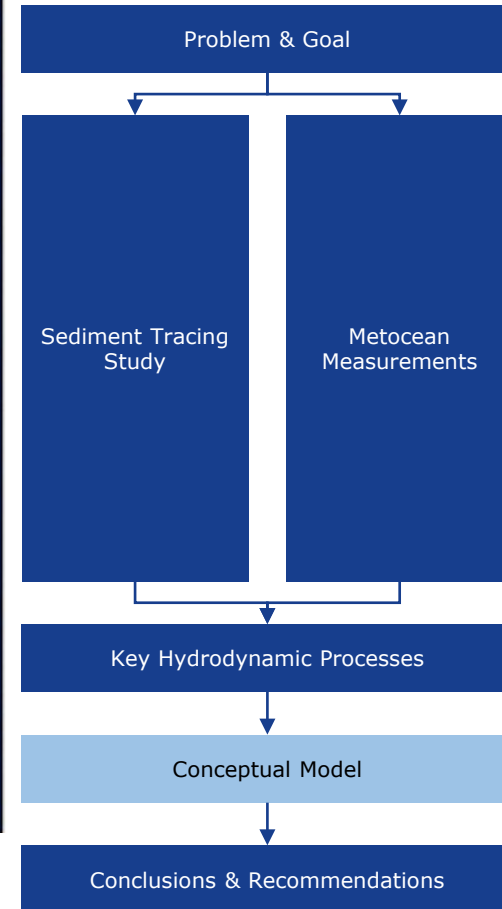
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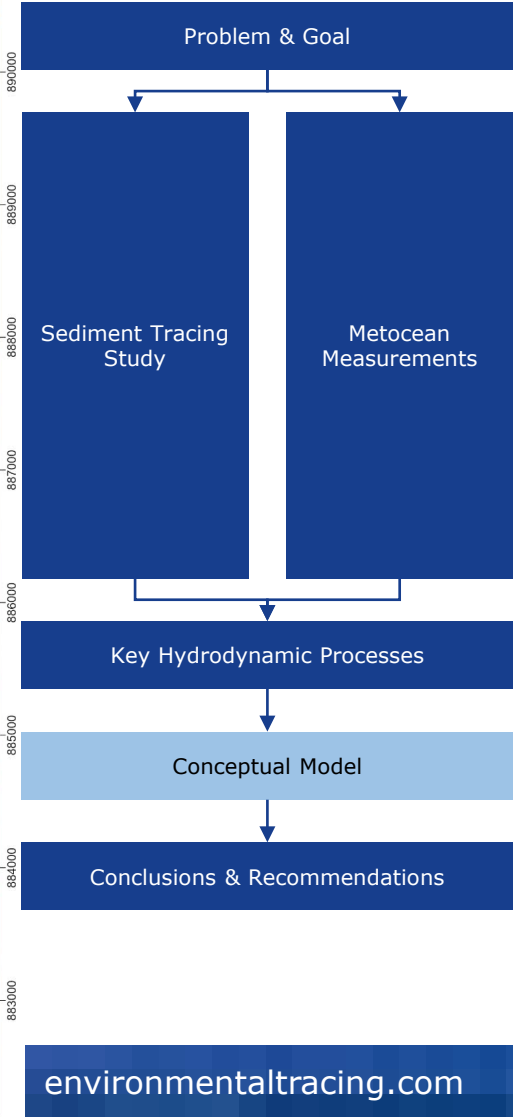
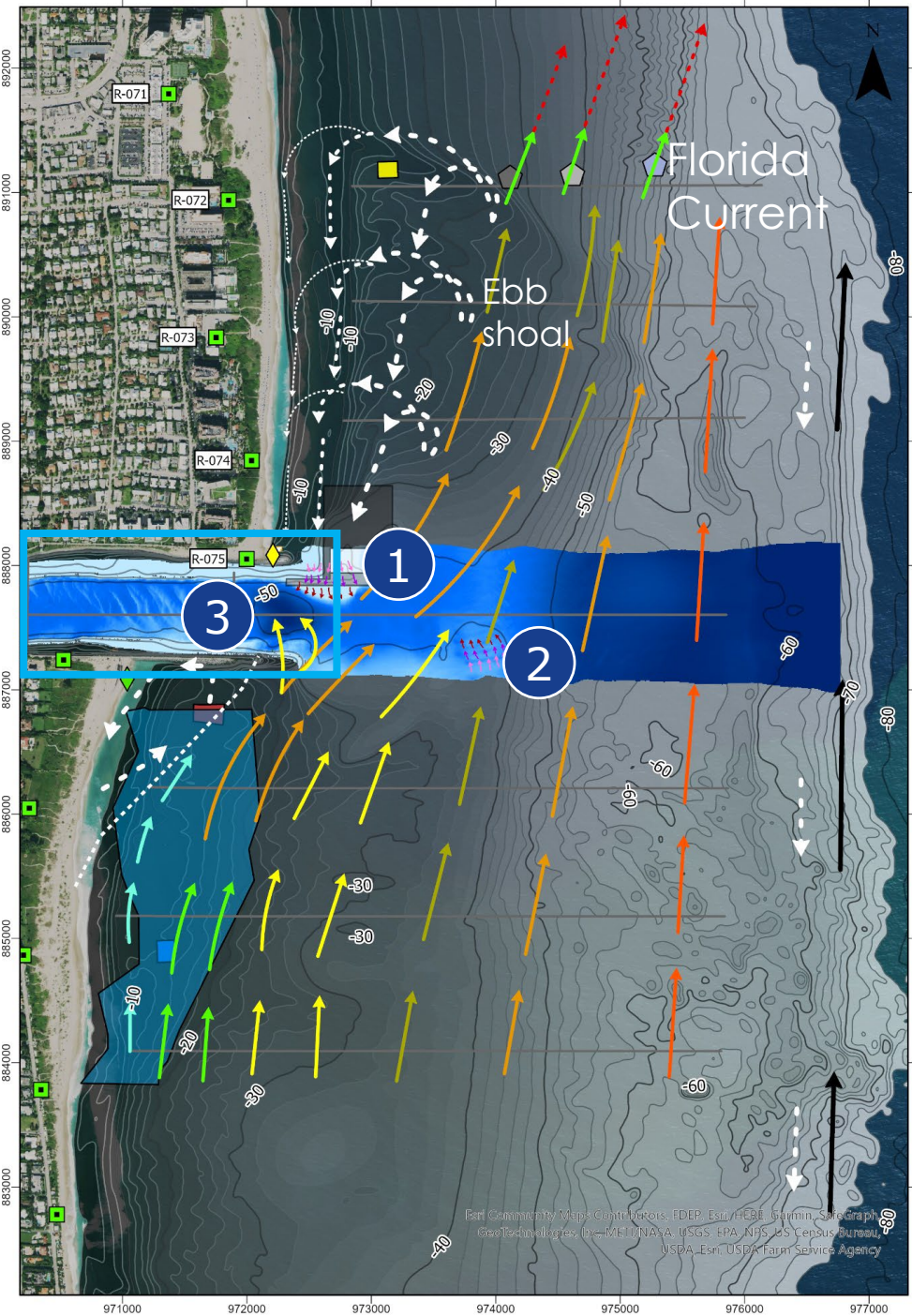
Back out on Ebb





# Hydrodynamic Sediment Drivers

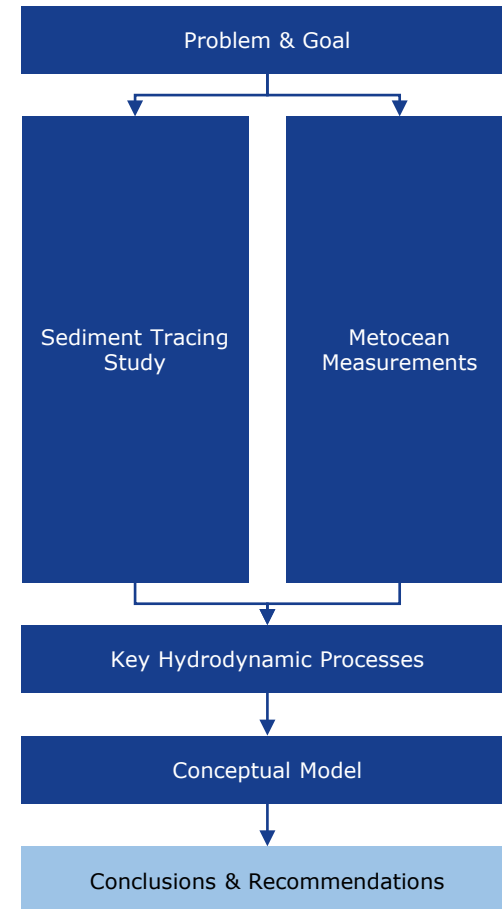
- Florida current
- Nor'easters (wind and wave coming from NE)- counterclockwise alongshore sediment transport.
- Tidal ebb and flood through the inlet
- Scour hole inside the inlet caused by torsional flow caused by opposing flows, scouring happens on flood tide coming into inlet (like a tornado).
- The scoured sediment #3 (along with sediment north and south shoals #1,2) is carried into suspension into the inlet throat and redeposited into the finger shoals sand waves.





# Conclusions

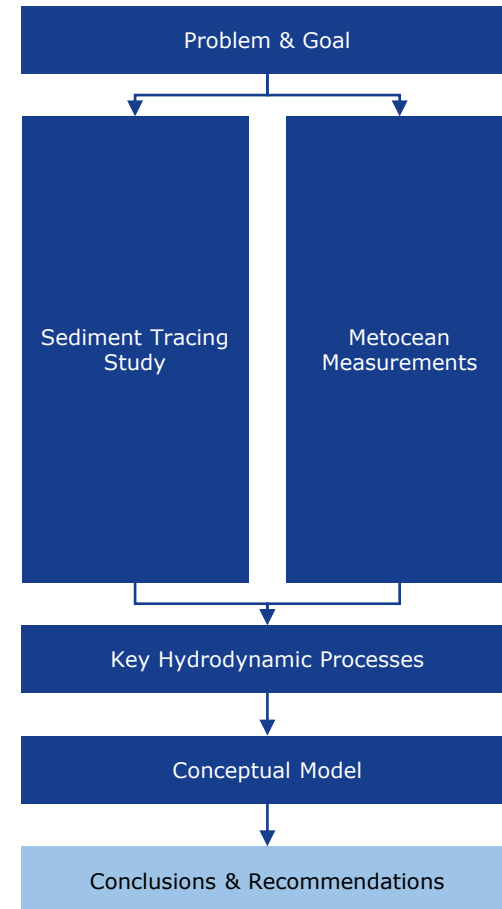
- Sand forming the prograding bar shoal on north side of channel is from north.
- Bar shoal erodes rapidly in a large storm (Northeasterly) and re-deposits via scour hole as finger shoals (sand waves) in inlet channel reducing navigable depth by minimum >4'.
- Sand transported from north via:
  - Gully/Gutter in Inner Surf Zone in moderate wind/wave events & strong FC to N/NNE (as return flow), and
  - Outer Surf Zone around relic ebb shoal (significant source) through Settling Basin in larger storms
- Sand returns to inlet from the south, during N/NNE FC & trade winds (summer)
- The flood-ebb tidal exchange E-W in the inlet forms a barrier for most sand transport N to S and S to N.
- Tidal flows >1m/s perpendicular to the FC flowing N/NNE at 0.7 m/s within 150m of south jetty creates a complex and dynamic shear zone exactly where vessels 'crab' to enter the entrance channel and significant turbulence & torsional flow in the inlet channel.
- Sand transported south on the north side of the channel appears to bypass the SBP.





# Recommendations

- Based on a much improved 'system' understanding of LWI, in very simple terms, to reduce shoaling and increase the time between O&M dredging, sand needs to either be trapped and/or bypassed more efficiently.
- Surveys, dredging and pumping need to be linked to the metocean conditions when sand moves and accumulates.
- A number of further recommendations are made, as follows:
  - Fully evaluate the SBP efficiency to determine an accurate volume of sand not just base the volume bypassed on the number of hours the pump operates.
  - Extend the SBP intake or allow it to move to capture sediment from east of the current range and particularly to the east of the north jetty.
  - Expansion of the SB to the west and/or northwest, as considered in USACE 2014 Feasibility Study to capture sand earlier.
  - Lower the SB below the channel so it acts as a hollow to capture sand both in suspension and saltating.
  - Install a sand transfer pipe from within the SB in combination with above.
  - Undertake a new Regional sediment budget for LWI and its environs building on a better understanding of the system.
  - Consider realignment of the coastline including removal or reducing the relic ebb shoal to the north of LWI.
  - Consider more efficient dredging including working with nature.





# Questions?

