

Engineering Distinctions between Living Shorelines & Shoreline Stabilization for Backbay Areas

**FSBPA 37th Annual National Conference on
Beach Preservation Technology
February 8, 2024**

Jenna N. Phillips, M.S., Sr. Director
jphillips@cumminscederberg.com

Jannek Cederberg, M.Sc., Principal
jcederberg@cumminscederberg.com



Traditional Approaches

- + Seawalls / bulkheads
- + Protection from:
 - Wave energy
 - Shoreline erosion
 - Tidal flooding
 - Storm surge
- + Upside:
 - Easy to permit
 - Known installation practices
 - Contractor knowledge
 - Low maintenance



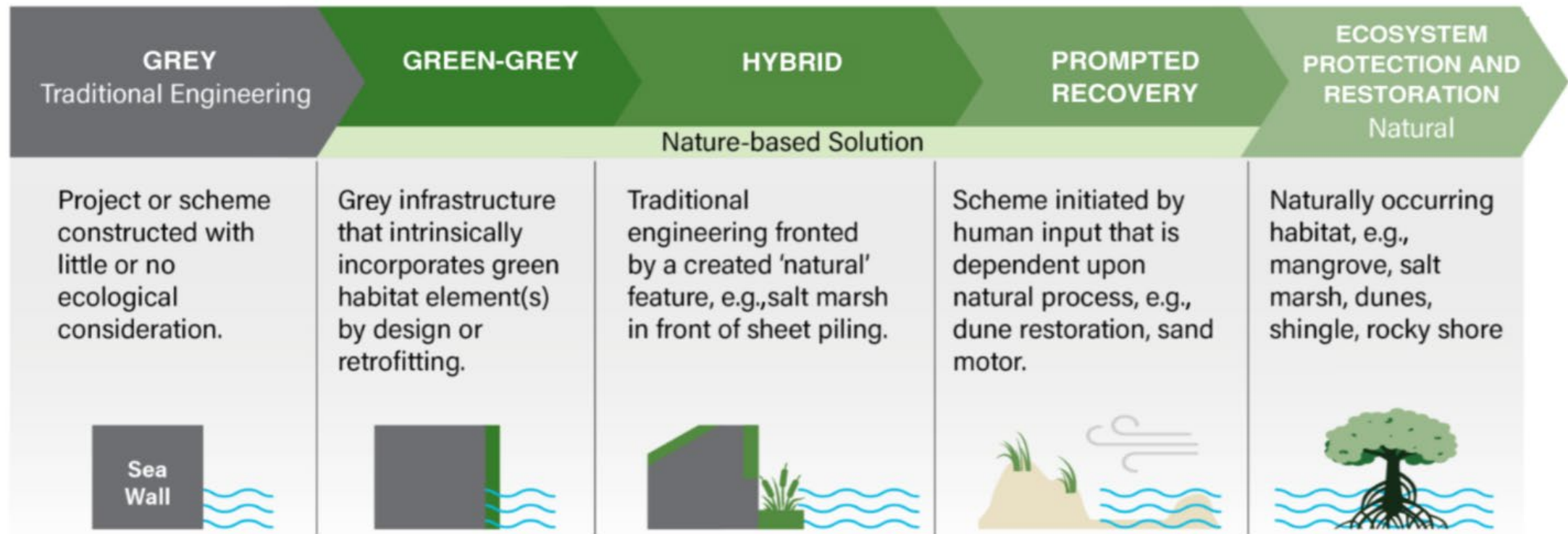


Disadvantages of Seawalls

- Expensive to build and maintain
- Reflect wave energy rather than dissipate it
- Cause scour, offsite erosion
- Can be unattractive
- Disturb habitat
- Alter sediment flow

Resiliency and Shorelines

- + Our future will be wet and stormy... shorelines are first line of defense
- + Back bays more at risk than ocean front
- + Balance resilience, ecology, and access
- + Funding sources available, especially for nature-based solutions



Definitions

- **Natural features** created through action of physical, biological, geologic, and chemical processes operating in nature (marshes, oysters, dunes, mangroves)
- **Nature based** features created by human design, engineering to mimic nature, such as a living shoreline
 - **Living Shoreline** – protected and stabilized coastal edge made of natural materials such as plants, sand or rock; grow over time; to stabilize estuarine coasts, bays, or tributaries
 - **Ecosystem Restoration** – the process of repairing sites in nature whose biological communities and ecosystems have been degraded or destroyed

NOAA
NATIONAL OCEANIC AND ATMOSPHERIC ADMINISTRATION
U.S. DEPARTMENT OF COMMERCE

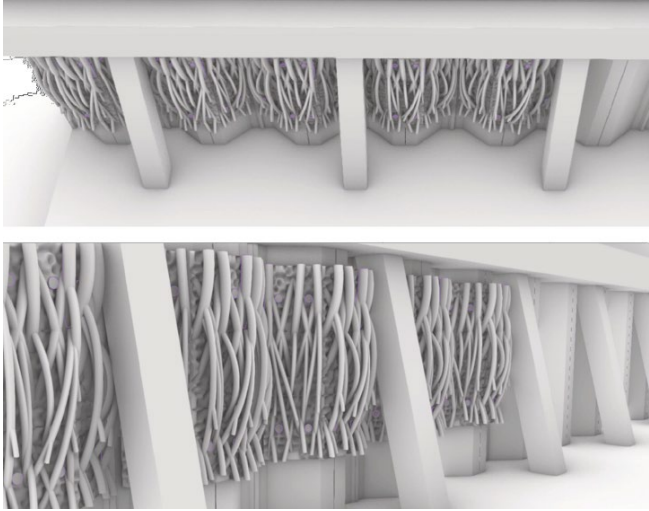
LIVING SHORELINES SUPPORT RESILIENT COMMUNITIES

Living shorelines use plants or other natural elements—sometimes in combination with harder shoreline structures—to stabilize estuarine coasts, bays, and tributaries.

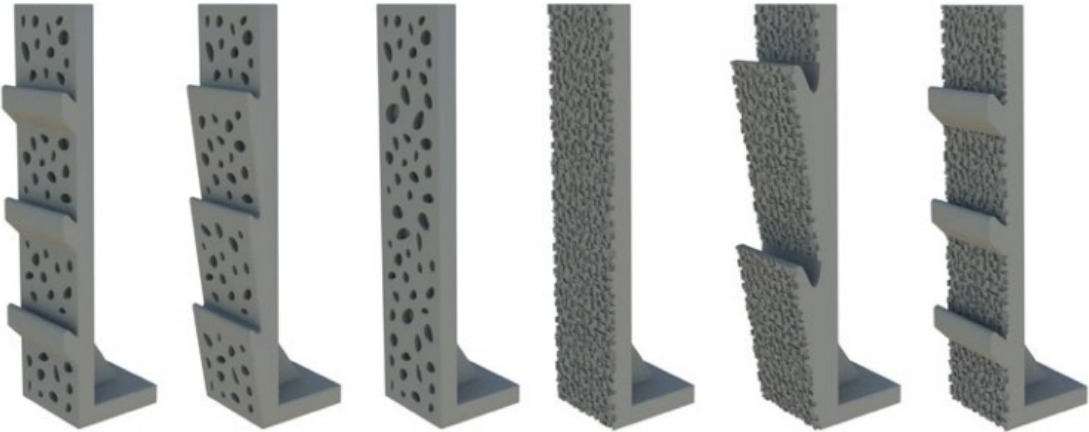
- One square mile** of salt marsh stores the carbon equivalent of **76,000 gal of gas** annually.
- Marshes trap sediments from tidal waters, allowing them to **grow in elevation** as sea level rises.
- Living shorelines improve **water quality**, provide fisheries **habitat**, increase **biodiversity**, and promote **recreation**.
- Marshes and oyster reefs act as natural **barriers** to waves. **15 ft** of marsh can **absorb 50%** of incoming wave energy.
- Living shorelines are **more resilient** against storms than bulkheads.
- 33%** of shorelines in the U.S. will be **hardened** by **2100**, decreasing fisheries habitat and biodiversity.
- Hard shoreline structures like **bulkheads** prevent natural marsh migration and may create **seaward erosion**.

The National Centers for Coastal Ocean Science | coastalscience.noaa.gov
Some graphics courtesy of the Integration and Application Network, University of Maryland Center for Environmental Science (ian.umces.edu/symbols/)

Living Shoreline Types/Applications



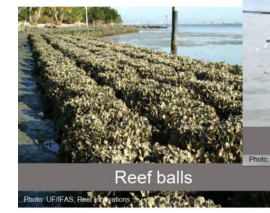
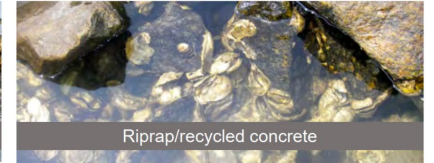
Ecological Enhanced Seawall



Reef Wall Paneling



Living Shoreline Types/Applications

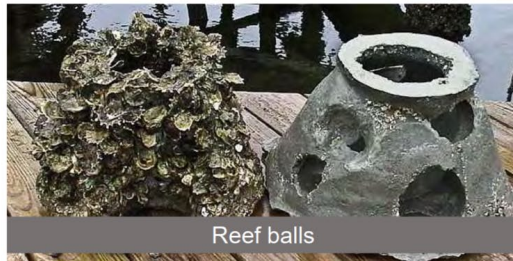


*Could involve one or more structure types



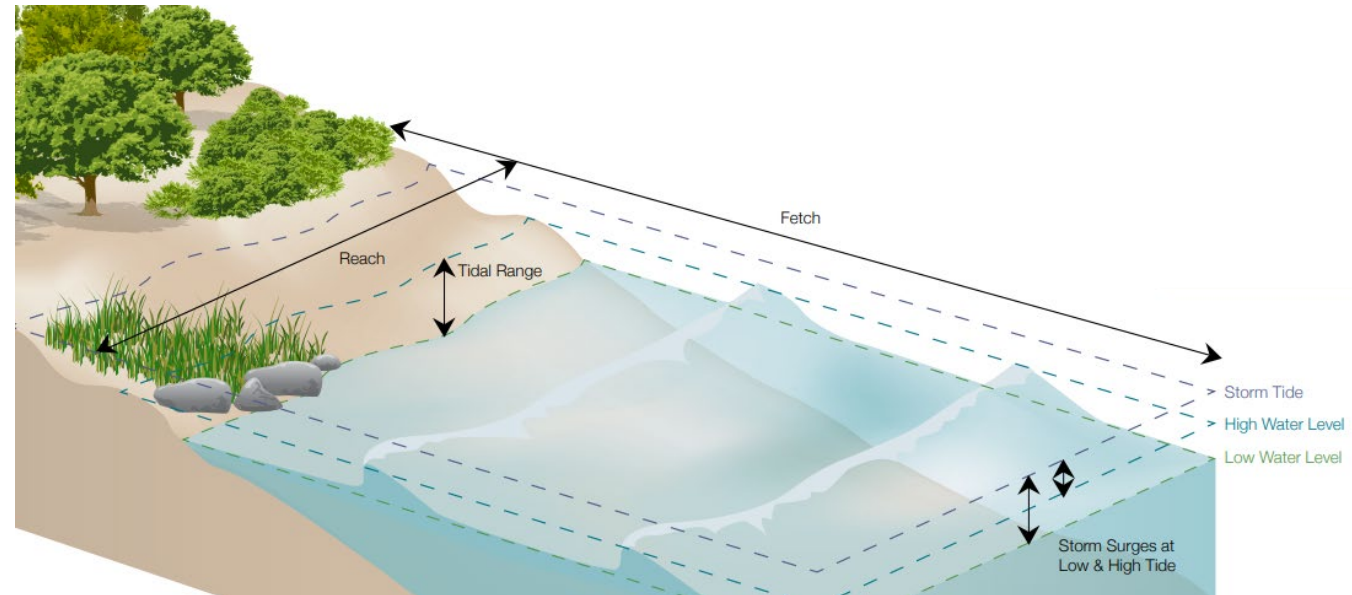
Perimeter of larger objects

Interior filled with loose cultch (rock/rubble/shell)



Site Selection & Design Criteria

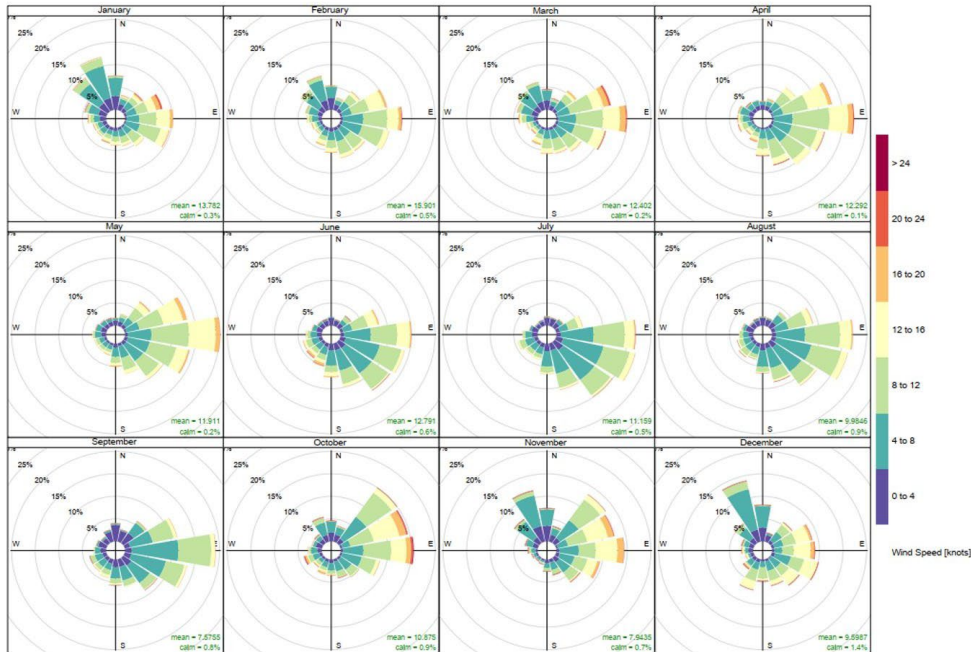
- + Upland space, use and functionality
 - Public spaces, parks, RoWs
- + Reach (Length of shoreline)
- + Water depth
- + Tidal Range
- + Fetch distance
- + Cross-sectional location – above, at or below MHWL



Wave Climate

- Degree of exposure
- Fetch, surge, runup, width of waterway
- Prevailing wind
- Boat wakes - speed zones
- Proximity to channel or inlet

FIGURE 5: MONTHLY WIND ROSE PLOT

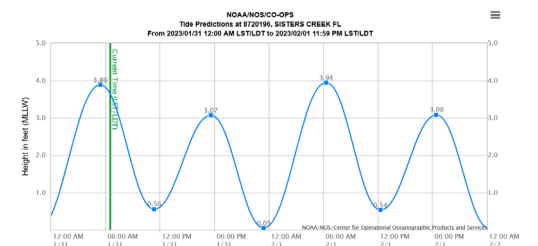
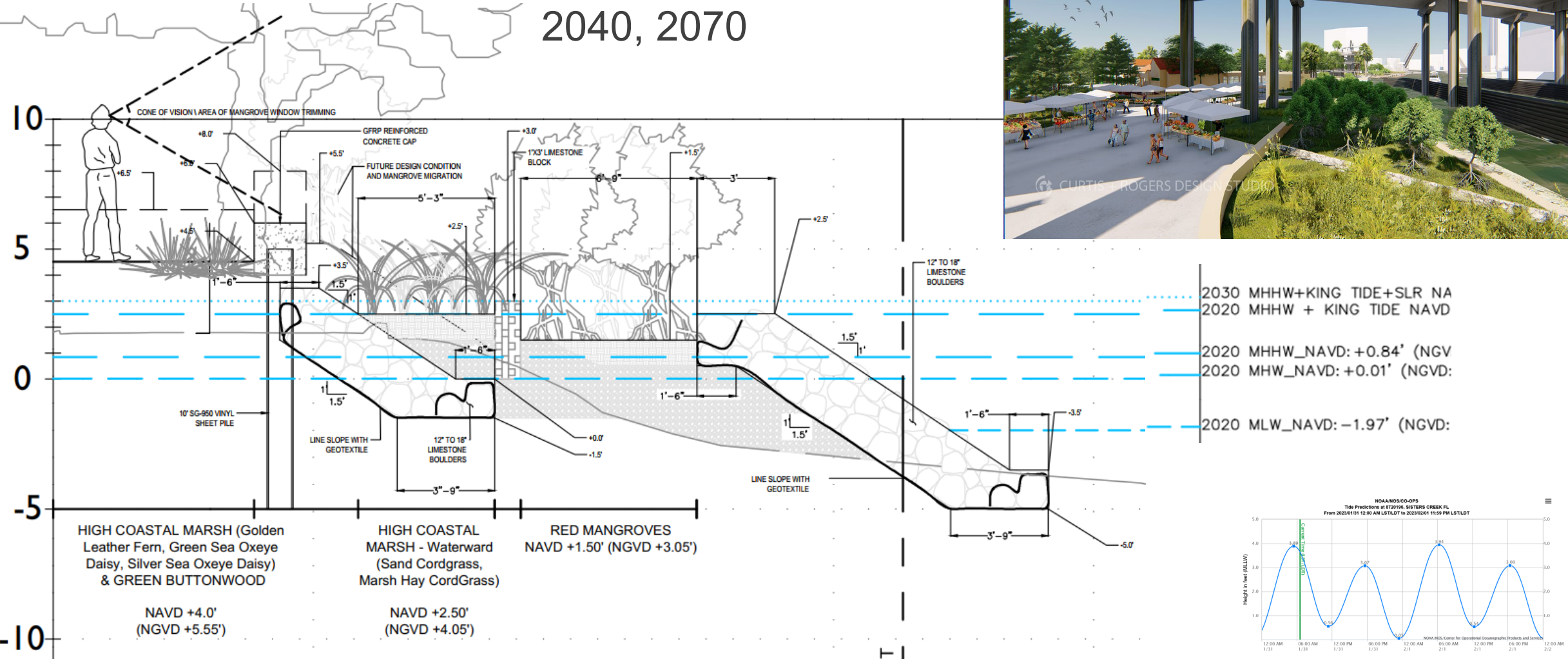


Frequency of counts by wind direction (%)



Water Levels

- MHW, MLW, tide range
- Seasonal High Tides
- SLR Projections
- Planning horizon - Today, 2040, 2070



State Regulations

62-330.051(12) – Other Shoreline Stabilization Exemption

Should include mostly native wetland plants

Can include oyster reefs, coir, rock sill/breakwater

Cannot extend more than 10' from MHW

Cannot exceed 500' along shore

Minimum discharge of fill / size

Requires maintenance, periodic repair

Breakwater opening every 75' for flow of water & movement of fish/wildlife

62-330.631 – Gov't Entities, Limited Restoration/Enhancement General Permit

- Cannot extend more **than 15' from MHW**
- **Not in Aquatic Preserve or w/in 3' of SAV** with 1% cover

62-330.632 – Low Profile Oyster Habitat General Permit

- **Less than 0.25 acres** total footprint,
- No work w/in 100 m of wading bird colonies, 180 m of tern / skimmer colonies, 100 ft from marked channel
- Clean, sediment free cultch, quarantined recycled shell, fossil shell, limerock w/20%+ calcium carbonate, concrete
- Fixed on substrate or bagged, Max ht. 18" from bottom, below MHW

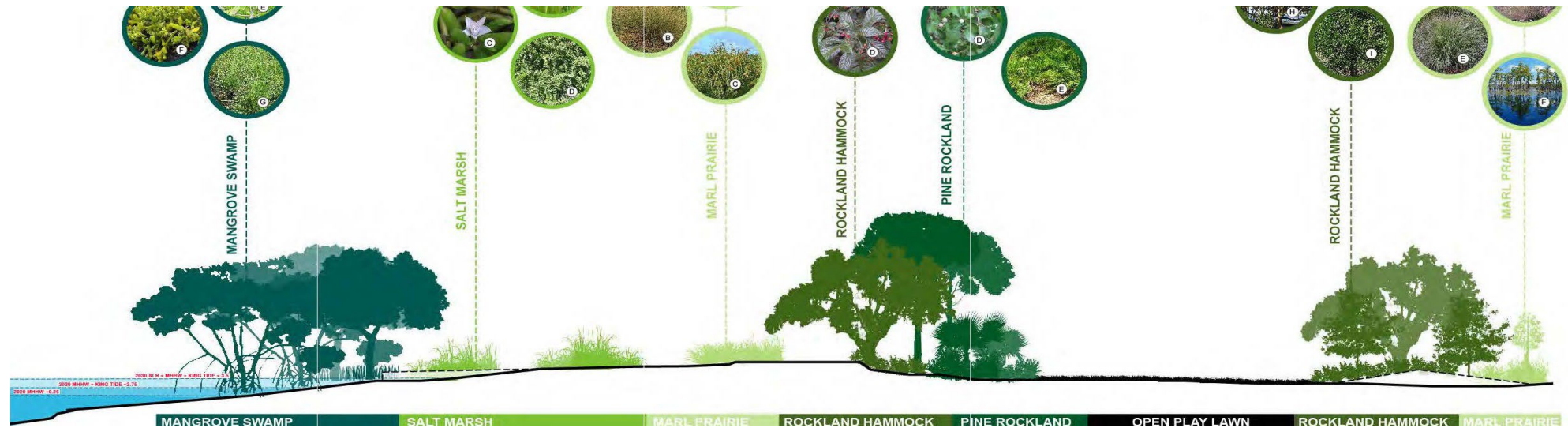
All others get an Individual Permit.

Challenges

- + Mangroves planted along MHWL
 - Trigger SSL
- + Regulations support mangrove plantings
- + Regulated 2 ways:
 - Mangrove Trimming and Preservation Act
 - Environmental Resource Permit Statute

- + State preference for upland excavation (upland of MHWL)
- + Local gov. "no net loss" of Public land

+ Under ERP, subject to conditions





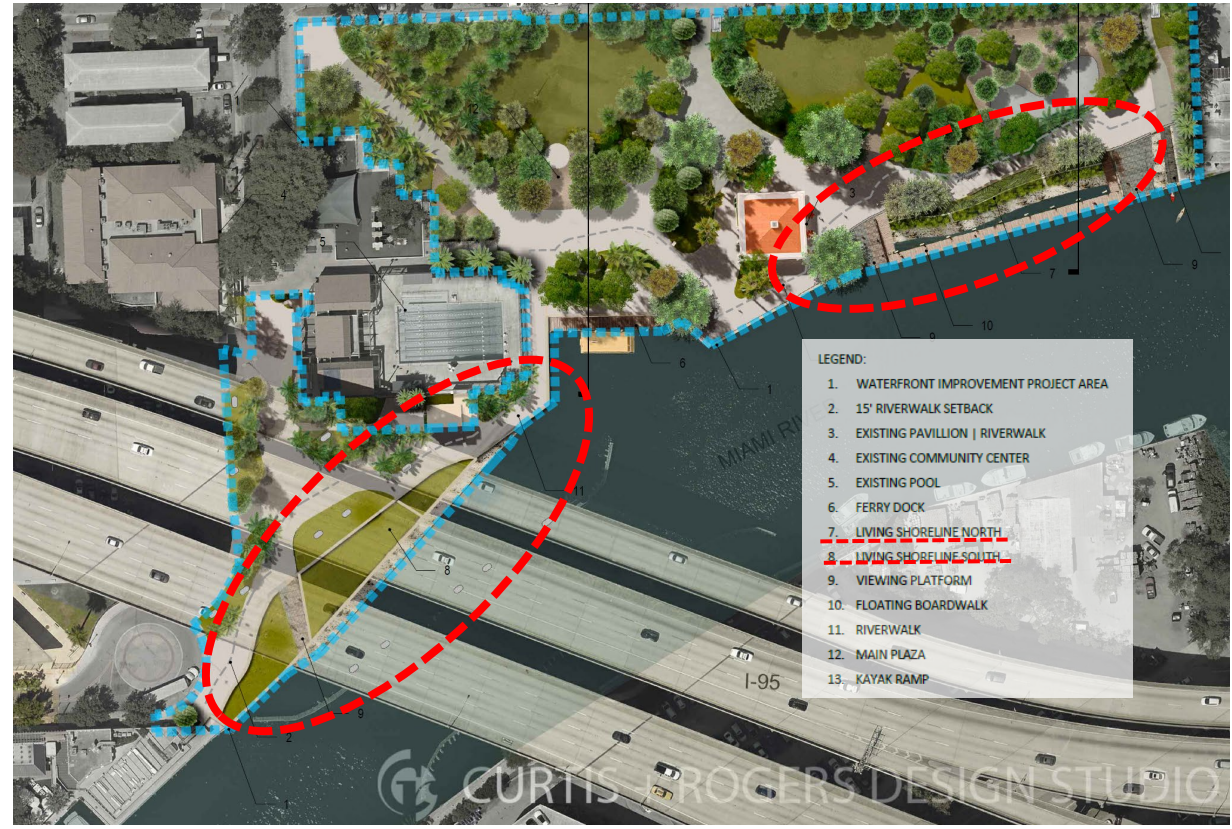
Year	NOAA Intermediate High Sea Level Rise* (ft)	MHHW*** (ft, NAVD 88)	King Tide** (ft, NAVD88)	King Tide + 1.5' Wake (ft, NAVD88)
2000	0.00	0.29	N/A	N/A
2010	0.30	0.58	N/A	N/A
2020	0.56	0.84	2.5	4.0
2030	0.98	1.27	2.9	4.4
2040	1.38	1.66	3.3	4.8
2050	1.94	2.22	3.9	5.4
2060	2.56	2.85	4.5	6.0
2070	3.31	3.60	5.3	6.8
2080	4.17	4.45	6.1	7.6
2090	5.12	5.40	7.1	8.6
2100	6.14	6.42	8.1	9.6

Jose Marti Park (City of Miami)

- + Between Miami River & Little Havana
- + Provides open space & social services
- + Flooding due to sea level rise & king tide



CURTIS + ROGERS DESIGN STUDIO




- LEGEND:
1. WATERFRONT IMPROVEMENT PROJECT AREA
 2. 15' RIVERWALK SETBACK
 3. EXISTING PAVILION | RIVERWALK
 4. EXISTING COMMUNITY CENTER
 5. EXISTING POOL
 6. FERRY DOCK
 7. LIVING SHORELINE NORTH
 8. LIVING SHORELINE SOUTH
 9. VIEWING PLATFORM
 10. FLOATING BOARDWALK
 11. RIVERWALK
 12. MAIN PLAZA
 13. KAYAK RAMP

CURTIS + ROGERS DESIGN STUDIO

- + Using layered natural design approach
- + Mangroves, marsh grass, buttonwoods
- + Requires contouring, grading, and fill
 - Fill heavily regulated
- + Significant performance requirements - jeopardizing feasibility

Currie Park Adaptive Redesign

 \$16.7M CDBG-MIT
FDEO/HUD



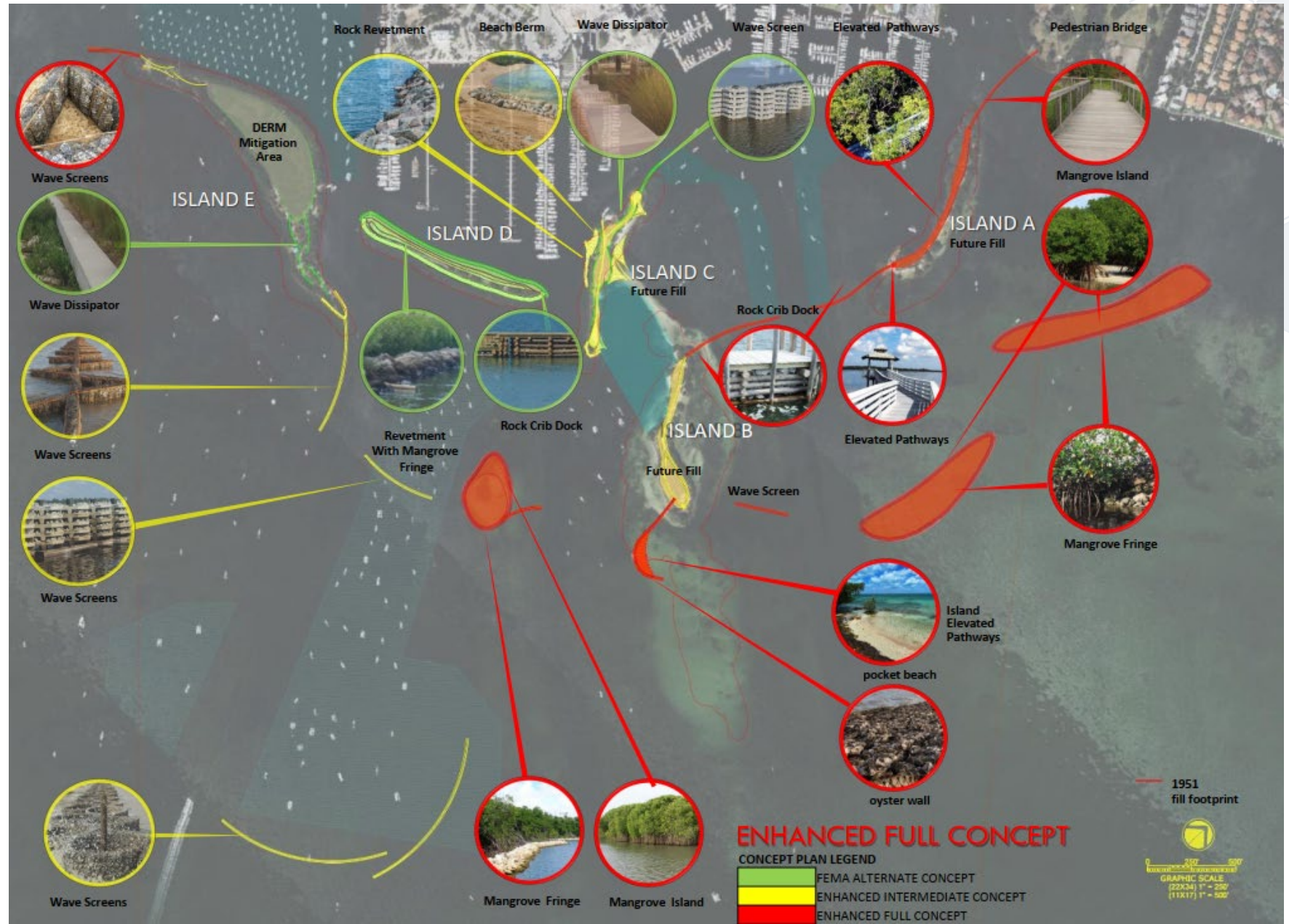
Dinner Key Habitat Island Breakwaters

- + Spoil islands are relatively low in elevation, ranging from 0 to 3 ft NAVD88.
- + MHHW approximately 0.2 ft NAVD88
- + King Tide Elevations observed up to +2.2 ft NAVD88
- + Island D mostly submerged during King Tides.



Enhanced Conceptual Design

- + Includes wave attenuation
- + Shoreline stabilization
- + Ecological enhancement



Key Takeaways

- + Define clear project goal (e.g. wave attenuation, water quality, restoration)
- + Identify co-benefits
- + Requires engineered approach
- + Consider future conditions
- + Strong permitting approach/team
- + Understand competing constraints:
 - Upland Space, Limited waterward projection
 - Competing resource priorities – mangroves, seagrass, oysters
- + Don't box yourself in, Be Creative!



Thank you!

Jenna N. Phillips, M.S.

Sr. Director/Sr. Coastal Engineer

jphillips@cumminscederberg.com



Jannek Cederberg, M.S.

Principal Engineer

jcederberg@cumminscederberg.com

